

England Athletics Local Coach Development Programme East Midlands Events

February 2011

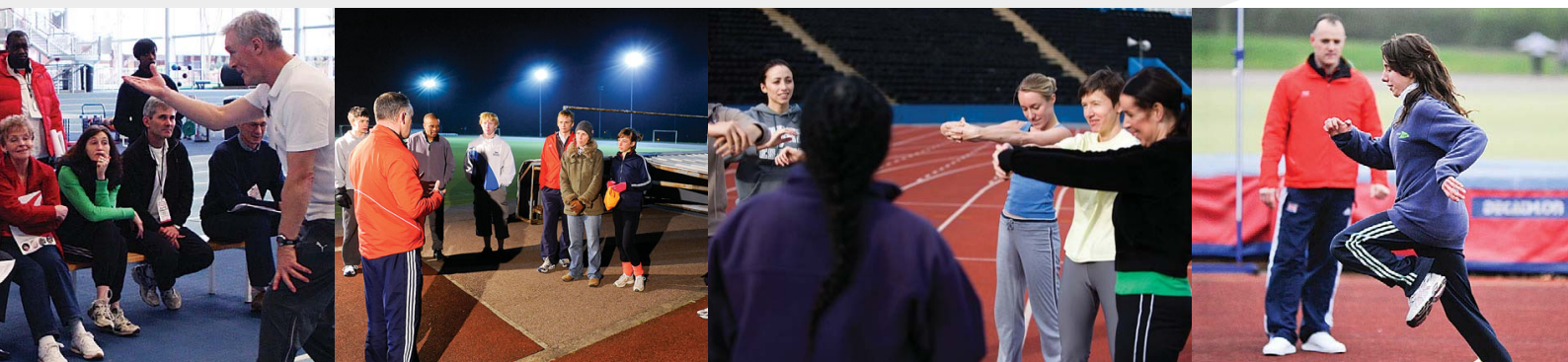
- 2 **Creating the Right Environment for Your Athletes** workshop run by Performance Impact
Loughborough University, 6.30-9pm.
- 6 **Lincolnshire Throws Academy** Princess Royal Sports Arena (PRSA), Boston, 10am-4pm.
- 13 **Lincolnshire Sprints Academy** Yarborough Leisure Centre, Lincoln, 10am-4pm.
- 16 **Nottinghamshire S&C Workshop** with Pete McKnight. Nottinghamshire Athletics Network.
Venue to be confirmed
- 20 **Lincolnshire Jumps Academy** Yarborough Leisure Centre, Lincoln, 10am-4pm.
- 20 **Nottinghamshire Throws Academy** with Jim Edwards, Paul Gair & Lee Peters.
Nottinghamshire Athletics Network. 10am start.
Berry Hill Park, Lichfield Lane, Mansfield Nottinghamshire NG18 4RP. Contact paul.gair@ntlworld.com

March 2011

- 6 **Lincolnshire Throws Academy** Princess Royal Sports Arena (PRSA), Boston, 10am-4pm.
- 13 **Nottinghamshire Coach Development S&C session** Nottinghamshire Athletics Network.
10am-4pm. EIS Sheffield.
- 13 **Lincolnshire Sprints Academy** Yarborough Leisure Centre, Lincoln, 10am-4pm.
- 13 **Derbyshire Event Group Coach Development Day**
Derbyshire Athletics Network, details to be confirmed
- 13 **High Jump Coach Development Session** with Graham Ravenscroft & Dennis Doyle. 1.30-5pm.
Arden School, Station Road, Knowle, Solihull B93 0PT. Contact gravenscroft@englandathletics.org
- 20 **High Jump Coach Development Session** with Graham Ravenscroft & Dennis Doyle. 1.30-5pm.
Arden School, Station Road, Knowle, Solihull B93 0PT. Contact gravenscroft@englandathletics.org
- 20 **Lincolnshire Jumps Academy** Yarborough Leisure Centre, Lincoln, 10am-4pm.

April 2011

- 13 **Derbyshire Coach & Athlete Development Day**
Derbyshire Athletics Network, details to be confirmed



For further information or to book a place contact
Steve Lloyd: sloyd@englandathletics.org

Derbyshire Athletics Network
Northamptonshire Athletics Network
Nottinghamshire Athletics Network
Lincolnshire Athletics Network
Leicester Athletics Network
Leicestershire Vision Athletics Network

