

Notts AAA 10K County Championships
24 June 2008 at Holme Pierrepont

Senior Men

1 Paul Lewis	33-23	Long Eaton RC
2 Phil Dickens	34-51	Formula One
3 Ben Bennett	34-55	Redhill RR

Vet Men 40/49

1 Nigel Cobb	35-53	Redhill RR
2 Clive Greyson	35-55	Redhill RR
3 Nick Luke	36-15	Sutton Harriers

Vet Men 50/59

1 John Field	35-30	Mansfield Tri Club
2 John Hewitt	36-10	Worksop Harriers
3 Gary McMahon	37-02	Redhill RR

Vet Men 0/60

1 Lyall Petrie	45-23	Holme Pierrepont
2 Andrew Byrne	47-51	Redhill RR
3 Nigel Daniels	48-30	Redhill RR

Senior Ladies

1 Catherine Charlton	42-55	Redhill RR
2 Julie Lambourne	43-09	Notts AC
3 Sarah Jefferson	43-12	Formula One

Vet Ladies 35/44

1 Bev Barnes	45-58	Redhill RR
2 Caroline McGinley	48-06	Worksop Harriers
3 Julie Bonser	50-02	Worksop Harriers

Vet Ladies 45/54

1 Julie Lambourne	43-09	Notts AC
2 Mary Mills	45-53	Holme Pierrepont
3 Catherine Rowe	45-54	Long Eaton RC

Vet Ladies 0/55

No Entries