

2019	IAAF & IPC WORLD EA EUROPEAN	CHAMPIONSHIPS UK, Home Country	SCHOOLS Home Country Fixtures	UKA/HOME COUNTRY Other Fixtures	LEAGUES National/Area/Regional	COMBINED EVENTS UK Home Country Other	ENDURANCE EVENTS XC Challenge	2019
WEEK	IAAF Diamond League IAAF/European Permit meetings	Area, County Championships All Age Groups		BMC Events	Seniors/Youth Development		Inter Counties XC League XC	WEEK
ENDING	Paralympic/Disability Grand Prix						Major Road Races	ENDING
correct at 25.10.18								
JAN								JAN
5th & 6th				5th-6th Midland Indoor Open 6th Welsh Junior Open		5th - 6th England Snr & U20 C/E	5th County XC Championships	5th & 6th
12th & 13th		12th-13th North / South Snr Champs		12th Scottish Indoor Open			12th XC League 4	12th & 13th
19th & 20th							19th - NI Int XC Cross Challenge - Home Countries Int/Celtic Cross?	19th & 20th
26th & 27th	CE International (Sheffield) - Snr & U20	26th Welsh Seniors 26th Scottish Senior & U17		20th - Cardiff Met Indoor Open 26th & 27th Midland Indoor Open		CE International (Sheff) - Snr & U20		26th & 27th
FEB								FEB
2nd & 3rd		2nd - 3rd Scottish Age Gp U13/U15/U20 3rd Northern Age Groups 2nd & 3rd - Welsh Age Group Championships					2nd BUCS XC Championships	2nd & 3rd
9th & 10th			6th - 7th Scottish Schools	3rd Feb - South of England Masters Champs (Lee Valley)				9th & 10th
16th & 17th	16th World Indoor Tour (Birmingham)	9th - 10th British Indoor Champs (Birmingham) 9th - 10th Northern Ireland Age Gps	10th - Scottish Super Teams Championships			Scottish Snr /Age Gps C/E (tbc)	9th XC League 5	16th & 17th
23rd & 24th		15th-17th BUCs Indoor (Sheffield) 17th - Midland Championships/Bham Open (tbc) 23rd - 24th England Age group (Sheffield)	16th-17th Scottish C/E & Masters Championships				14th Armagh 3 & 5k	23rd & 24th
MAR								MAR
2nd & 3rd	1st - 3rd European Indoor Champs (Glas)	3rd Welsh U20 Indoor International					2nd XC League 6	2nd & 3rd
9th & 10th				9th & 10th British Masters Indoors & Winter Throws Championships - Lee Valley		9th - 10th England Age group CE	9th CAU Intercounties & Cross Chall. 9th - British Masters Cross Country - Belfast	9th & 10th
16th & 17th							16th ESAA XC Championships	16th & 17th
23rd & 24th	24th - 30th - World Masters Indoor Championships - Poland			23rd Midlands Indoor Open			23rd SIAB & Home County Int'l 23/24th Area 6 & 12 Stage Relays?	23rd & 24th
30th & 31st	30th World XC Championships (Den)						30th World XC Championships (Den)	30th & 31st
APR								APR
6th & 7th							7th - British Masters 10km Champs (Blyth) 7th - England 10k Champs (Lincoln)	6th & 7th
13th & 14th					13th English Area Leagues 1			13th & 14th
20th & 21st		21st Easter Sunday	21st Easter Sunday	21st Easter Sunday	21st Easter Sunday	21st Easter Sunday	21st Easter Sunday	20th & 21st
27th & 28th	26th Doha D/L	26th Scottish 10km Champs			27th WA League 27th YDL Lower		26th England 5k Champs (Cheshire) 28th London Marathon (England Indiv. Champs)	27th & 28th
MAY								MAY
4th & 5th	3rd - 5th World Relay Champs (Bah)		EXAMINATIONS	4th-6th BUCS				4th & 5th
11th & 12th		11th - 12th County Champs (or any other date) 10th - 12th Scottish District Champs 11th - 12th Welsh regional Champs			5th YDL Upper 4th WJL	12th National leagues (BAL&UKWAL) alternative date	11th - England 5k Champs (Ipswich)	11th & 12th
18th & 19th	18th Shanghai D/L			18th England 10,000m Champs (tbc)	19th English Area Leagues 2 18th YDL Lower 19th WA League		18th - British Masters Road Relays - Sutton Park	18th & 19th
25th & 26th		19th Loughborough Internatinal			27th BIG Festival (Bedford) 26th - 27th Javelin Festival (Loughborough)tbc 27th Hurdles Fest (Newham) 25th BMC	25th - 26th England Snr & U20 CE		25th & 26th
JUN								JUN
1st & 2nd	2nd Stockholm D/L	1st/2nd South/ Midlands / North Snr & U20						1st & 2nd
8th & 9th	6th Rome D/L 13th Oslo D/L	8th Northern Ireland Snr Champs	8th English County Schools 7th -8th Scottish Schools Grangemouth			9th - National Leagues (BAL/UKWL) - Alternative Date?		8th & 9th
15th & 16th		15th & 16th - Welsh Junior Championships	15th English Schools Inter Counties 15th Scottish Super Teams Championships	15th BMC		15th English Area Leagues 3		15th & 16th
22nd & 23rd	23rd Rabat D/L	NI Age Group Championships 22nd - 23rd England U23/U20 Champs	23rd - WA League			22nd & 23rd YDL Lower	22nd - 23rd England Schools C/E	22nd & 23rd
29th & 30th	28th - 29th Eugene D/L		29th - Welsh Junior Leagues	29th BMC		30th YDL Upper		29th & 30th

	JUL								JUL	
JUL	6th & 7th	4th Lausanne D/L 6th European 10,000m Cup (Highgate) 3rd - 14th World Students (Italy)		6th English Schools Cup Final 6th Welsh Schools Championships	6th Night of 10,000m (Highgate)	6th National leagues (BAL/UKWAL)			6th & 7th	
	13th & 14th	11th - 14th European U23 (Swe) 12th Monaco D/L	13th - 14th Welsh Seniors Champs	12th-13th English Schools Champs 17th Welsh Inter Schools Championships		13th English Area Leagues 4		7th Euro Mtn Running Champs (uphill)	13th & 14th	
	20th & 21st	18th - 21st European U20 (Swe) 20th - 21st Muller Anniversary Games (London)		20th SIAB International Champs	20th BMC	20th YDL Lower			20th & 21st	
	27th & 28th		24th July Welsh Athletics Int (tbc) 27th - 28th England Snr Champs & CAU				28th YDL Upper			27th & 28th
					29th - Welsh Junior Leagues		28th YDL Lower Final (Scot)			
AUG										
AUG	3rd & 4th		1st Aug Belfast International 3rd Aug - Celtic Games (TBC)			3rd National leagues (BAL/UKWAL)	3rd - 4th England Age Group CE		3rd & 4th	
	10th & 11th		10th & 11th Midland Age Group Championships 9th - 11th European Team Champs (Pol)	10th - 11th Scottish Age Gps 14th Manchester International	10th - WA League	6th or 7th LEAP 10th BMC	3rd Scottish YDL Final 10th WAL		10th & 11th	
	17th & 18th	18th Birmingham Grand Prix	17th-18th Area Age Group Champs 17th - 18th Scottish Snr & U17 Champs			17th English Area Leagues 5			17th & 18th	
	24th & 25th	24th Paris D/L	24th - 26th British Championships (Birmingham)				24th & 25th Welsh Junior Cup and Plate Final 24th or 25th Northern League Promotion Match			24th & 25th
		29th Zurich D/L								
SEPT										
SEPT	31st & 1st		31st - 1st England Age Groups 31st Inter-Regional Championships						31st & 1st	
	7th & 8th	6th Brussels D/L 5th - 15th - European Masters Championships (Italy)				7th & 8th YDL Finals (tbc)	8th Great North Run		7th & 8th	
	14th & 15th								14th & 15th	
	21st & 22nd						21st - 22nd England Schools C/E & RW	21st England Area Road Relays	21st & 22nd	
	28th & 29th	28th - 6th Oct World T&F Champs (Doha)							28th & 29th	
OCT										
OCT	5th & 6th						5th ERRA Road Relays (Birm) 6th Cardiff Half Marathon 6th - England Marathon Team Champs (Chester)		5th & 6th	
	12th & 13th						12th XC League 1 13th - England HM Champs (Birmingham)		12th & 13th	
	19th & 20th						19th England Area XC relays 20th Great South Run & EA 10 mile champs		19th & 20th	
	26th & 27th								26th & 27th	
NOV										
NOV	2nd & 3rd						2nd ECCA XC Relays (Nottingham) 3rd Leeds Abbey Dash / EA 10km Champs 9th XC League 2		2nd & 3rd	
	9th & 10th								9th & 10th	
	16th & 17th						15th World Mtn Running Champs (up & down) - Argentina 16th World Long Distance Mtn Champs (Argentina)		16th & 17th	
	23rd & 24th								23rd & 24th	
DEC										
DEC	30th & 1st								30th & 1st	
	7th & 8th	8th European XC Championships (Por)					7th XC league 3 8th European XC Championships (Por)		7th & 8th	
	14th & 15th								14th & 15th	
	21st & 22nd								21st & 22nd	
	28th & 29th								28th & 29th	