

Inter Counties XC 2022

12th March saw the Inter Counties XC Champs return to sunny, windy, muddy Prestwold Hall. Athletes from fifteen different clubs donned their green county vests, many for the first time. Despite almost 30 withdrawals in the week leading up to the event, Nottinghamshire still fielded scoring teams in 8 out of 10 races.



Lizzy Edge, U20W



James and Louis, U20M

Top performance of the day was Lizzy Edge (Rushcliffe), 6th place in the U20W race, whilst James Wardle (Rushcliffe) also made the top 20 in the U20M race.

Eddie Lowe (Mansfield), 16th, and Lily Mason (Mansfield), 44th, led the U13 teams to 21st and 34th places. Edward Holden (Mansfield), 93rd and Megan Taylor (Notts AC), 125th were first U15s home for Notts with the teams 33rd and 44th.



Most of the U13G team including a Photoshopped Holly

Notts U17B were our top performing team in 16th place with three athletes in the top 100: 13th: Solomon Okrafo-Smart (Absolute), 48th: Jake Greenhalgh (Mansfield), 79th: Louis Buttrick (Rushcliffe). Rosie Challender (Notts AC) also made the top 100 in the U17G race with the team 23rd.



Solomon with U11 Oliver Five more of our U17B's

Led home by veteran Juliet Potter (Charnwood) in 22nd place and Becky Gallop (Newark) in 64th position, our senior ladies team finished a very respectable 20th.



Most of our ladies



Juliet in action

The final race of the day saw the senior men battle it out over 10k on a chewed up course. Joseph Tuffin (Rushcliffe), “fresh” from a 20 mile trail race the previous weekend was first home for Notts in 84th place, though veteran Jan Bailey (Newark), twice Joseph’s age!, was just 31 seconds behind. A great performance given that Jan had run a 70 minute half marathon just 6 days before. The Notts team placed 26th.



A happy Joseph



Jan, Thomas and Jordan at the start of the men’s race

Well done and thank you to every single athlete (plus parents, grandparents and coaches) who represented Notts at the weekend. You did yourselves, your clubs and your county proud. And thanks to John Cotton and Pat Carlan for ordering and delivering vests.

Graham Moffatt (Rushcliffe), Team Manager

