

NOTTINGHAMSHIRE ATHLETICS NETWORK

OPEN GRADED INDOOR ATHLETICS MEETING

Sunday 25th November 2018

EIS Sheffield

Results

All track races electronic timing

60m Hurdles

Round 1

Race 1

| | | | | |
|---|-----------------|-------------|-------|-------|
| 1 | Laini Hickman | Retford | U15 F | 10.39 |
| 2 | Mia Franco | AVAC | U15 F | 11.10 |
| 3 | Rebecca Leather | Stockport | U15 F | 11.53 |
| 4 | Neve Martin | Hallamshire | U15 F | 14.42 |
| 5 | | | | |

Race2

| | | | | |
|---|-------------------|--------------|-------|-------|
| 1 | Julia Winogrodzka | Bolton Utd H | U15 F | 9.18 |
| 2 | Rebecca Cox | Stockport | U15 F | 10.48 |
| 3 | Zandie Baker | Rushcliffe | U15 F | 10.96 |
| 4 | Amy Betteridge | Notts AC | U15 F | 11.07 |
| 5 | Trinity Williams | Doncaster | U15 F | 11.31 |
| 6 | | | | |

Race 3

| | | | | |
|---|-------------------|-------------|-----|-------|
| 1 | Cosmo Johnson | Hallamshire | U15 | 10.85 |
| 2 | Alistair Homewood | Mansfield | U15 | 12.19 |
| 3 | | | | |

Race 4

| | | | | |
|---|--------------------|-----------|-------|-------|
| 1 | Abigail Pawlett | Stockport | U17 F | 8.82 |
| 2 | Kirsty Sait-Sewart | Norwich | U17 F | 9.11 |
| 3 | Amelia Biggs-Goode | Notts AC | U17 F | 9.35 |
| 4 | Lucy Robinson | Stockport | U17 F | 9.43 |
| 5 | Megan Taylor | Leeds | U17 F | 9.74 |
| 6 | Erica Davidson | Sheffield | U17 F | 10.07 |

Race 5

| | | | | |
|---|------------------|-----------|-------|-------|
| 1 | Nicole Lanne | Doncaster | U17 F | 9.23 |
| 2 | Emily Misantoni | Stockport | U17 F | 9.24 |
| 3 | Ellie Hinchliffe | Sheffield | U17 F | 9.35 |
| 4 | Savannah Storey | Worksop | U17 F | 11.18 |
| 5 | Malia Dunne | Stockport | U17 F | 11.47 |
| 6 | | | | |

Race 6

| | | | | |
|---|-----------------|--------------------|-------|-------|
| 1 | Rebecca Johns | Sheffield | U20 F | 9.30 |
| 2 | Morgan Spink | Rotherham | U20 F | 9.59 |
| 3 | Megan Lassetter | Stockport | U20 F | 10.01 |
| 4 | Sanna McLean | Stockport | U20 F | 10.23 |
| 5 | Kirbi Taylor | Doncaster | U20 F | 10.38 |
| 6 | Caprice Miloro | Sutton in Ashfield | SW | 10.48 |

Race 7

| | | | | |
|---|-------------------|------------|-----|-------|
| 1 | Nathan Langley | Doncaster | U20 | 9.12 |
| 2 | George Toom-Smith | Notts AC | U17 | 9.15 |
| 3 | Regan Langley | Doncaster | U20 | 11.58 |
| 4 | Martin Finlay | Rushcliffe | M45 | 12.67 |
| 5 | | | | |
| 6 | | | | |

Race 8

| | | | | |
|-----|------------------|--------------------|----|------|
| 1 | Ben Clarke | Worcester | SM | 8.86 |
| 2 | Roberto Paoluzzi | Sheffield | SM | 8.92 |
| 3 | Jordan Mitchell | Sutton in Ashfield | SM | 9.19 |
| DNF | Thomas Hughes | Hallamshire | SM | |
| 5 | | | | |
| 6 | | | | |

Hurdles Round 2**Race 1**

| | | | | |
|---|-------------------|------------|-------|-------|
| 1 | Julia Winogrodzka | Bolton Utd | U15 F | 9.32 |
| 2 | Rebecca Cox | Stockport | U15 F | 10.49 |
| 3 | Amy Betteridge | Notts AC | U15 F | 10.89 |
| 4 | Laini Hickman | Retford | U15 F | 11.00 |
| 5 | Zadie Baker | Rushcliffe | U15 F | 11.07 |
| 6 | Trinity Williams | Leeds | U15 F | 11.32 |
| 7 | Rebecca Leather | Stockport | U15 F | 11.44 |

Race 2

| | | | | |
|---|-------------------|-----------|-----|-------|
| 1 | Alistair Homewood | Mansfield | U15 | 12.26 |
| 2 | | | | |
| 3 | | | | |

Race 3

| | | | | |
|-----|---------------------|-----------|-------|------|
| 1 | Abigail Pawlett | Stockport | U17 F | 8.81 |
| 2 | Kirsty Sait-Stewart | Norwich | U17 F | 9.25 |
| 3 | Nicole Lanne | Doncaster | U17 F | 9.32 |
| 4 | Ellie Hinchliffe | Sheffield | U17 F | 9.42 |
| 5 | Lucy Robinson | Stockport | U17 F | 9.49 |
| 6 | Megan Taylor | Leeds | U17 F | 9.57 |
| DNF | Savannah Storey | Worksop | U17 F | |
| | | | | |

Race 4

| | | | | |
|---|-----------------|--------------------|-------|-------|
| 1 | Rebecca Johns | Sheffield | U20 F | 9.45 |
| 2 | Caprice Miloro | Sutton in Ashfield | SW | 10.03 |
| 3 | Sanna McLean | Stockport | U20 F | 10.05 |
| 4 | Kirbi Taylor | Doncaster | U20 F | 10.33 |
| 5 | Megan Lassetter | Stockport | U20 F | 12.52 |
| 6 | | | | |

Race 5

| | | | | |
|---|-------------------|-----------|-----|-------|
| 1 | Nathan Langley | Doncaster | U20 | 9.12 |
| 2 | George Toom-Smith | Notts AC | U17 | 9.54 |
| 3 | Regan Langley | Donaster | U20 | 11.33 |
| 4 | | | | |

Race 6

| | | | | |
|-----|------------------|--------------------|----|------|
| 1 | Ben Clarke | Worcester | SM | 8.87 |
| 2 | Roberto PAOLUZZI | Sheffield | SM | 8.88 |
| 3 | Jordan Mitchell | Sutton in Ashfield | SM | 9.07 |
| DNF | Thomas Hughes | Hallamshire | SM | |
| | | | | |

60m Sprint Round 1**Race 1**

| | | | | |
|---|-----------------|--------------------|-----|------|
| 1 | Sam Fairweather | Sutton in Ashfield | U20 | 7.49 |
| 2 | Joshua Rodgers | U/A | U17 | 7.50 |
| 3 | Nathaniel Dyas | Hallamshire | U17 | 7.52 |
| 4 | Emmanuel Lawal | Hallamshire | U17 | 7.59 |
| 5 | Bradley Whyman | Worksop | U20 | 7.71 |
| 6 | Luke Sayer | Newark | U20 | 7.74 |
| 7 | Michael Bates | Doncaster | SM | 8.88 |

Race 2

| | | | | |
|---|--------------------|-----------|-------|------|
| 1 | Joseph Dickenson | AVAC | U20 | 7.60 |
| 2 | Joel Kilford | Notts AC | U17 | 7.92 |
| 3 | Taronga Njakudya | Notts | U17 | 7.92 |
| 4 | Katie Waterworth | Stockport | U20 F | 8.01 |
| 5 | Bradley Ward-White | Notts AC | U15 | 8.19 |
| 6 | | | | |

Race 3

| | | | | |
|---|---------------------|--------------------|-------|------|
| 1 | Daliso Daka | Sheffield | U20 | 7.52 |
| 2 | Aaron Aplin | Mansfield | SM | 7.87 |
| 3 | Isabel Male | RSCAC | U15 F | 8.12 |
| 4 | Joseph Hart-Harris | Retford | U20 | 8.27 |
| 5 | Ellie Cartwright | Sutton in Ashfield | U17 F | 8.30 |
| 6 | Charlotte Wilkinson | Stockport | U15 F | 8.42 |
| 7 | Lucy Robinson | Stockport | U17 F | 8.52 |
| 8 | | | | |

Race 4

| | | | | |
|---|-----------------|-----------|-------|------|
| 1 | Ryan Bird | Barnsley | U17 | 7.90 |
| 2 | Morgan Spink | Rotherham | U20 F | 8.02 |
| 3 | Jayden Saberton | Sheffield | U20 | 8.17 |
| 4 | Kristie Archer | Wombwell | U17 F | 8.22 |
| 5 | Isabel White | Longwood | U15 F | 8.52 |
| 6 | | | | |

Race 5

| | | | | |
|---|-------------------|--------------|-------|------|
| 1 | Ben Clarke | Worcester | SM | 7.43 |
| 2 | Holly Murray | Stockport | U17 F | 8.12 |
| 3 | Julia Winogrodzka | Bolton Utd H | U15 F | 8.31 |
| 4 | Ellie Sheppard | Mansfield | U17 F | 8.33 |
| 5 | Olivia Ashdown | Sale | U17 F | 8.52 |
| 6 | Tokoni Tamuno | Notts | U17 | 8.60 |
| 7 | Rebecca Roach | Stockport | U17 F | 8.65 |
| 8 | Hollie Else | AVAC | U17 F | 8.66 |

Race 6

| | | | | |
|---|-------------------|-----------|-------|------|
| 1 | Jack Doodson | Stockport | U15 | 8.03 |
| 2 | Alexsandar Taylor | Retford | U17 | 8.30 |
| 3 | Libby Hakney | KUHAC | U15 F | 8.54 |
| 4 | Kirbi Taylor | Doncaster | U20 F | 8.61 |
| 5 | Simon Roberts | Retford | U15 | 8.75 |
| 6 | Victoria West | Sheffield | U20 F | 8.83 |
| 7 | | | | |
| 8 | | | | |

Race 7

| | | | | |
|---|-----------------|-----------|-------|------|
| 1 | Andrew Ogley | Sheffield | U17 | 8.09 |
| 2 | Chris Ashmore | Mansfield | M55 | 8.47 |
| 3 | Holly Aitchison | Stockport | U17 F | 8.50 |
| 4 | | | | |

Race 8

| | | | | |
|---|-------------------------|------------|-------|------|
| 1 | Yaw Afirifam-Nemsah | Notts AC | U15 | 7.81 |
| 2 | Riaz Kapasi | Notts AC | U17 | 8.43 |
| 3 | Phoebe Clayton | Rushcliffe | U15 F | 8.44 |
| 4 | Malia Dunne | Stockport | U17 F | 9.11 |
| 5 | Hermione Hamilton-Smith | Holmfirth | U15 F | 9.67 |
| 6 | | | | |
| 7 | | | | |

Race 9

| | | | | |
|---|-------------------|-------------|-------|------|
| 1 | Thomas Hughes | Hallamshire | SM | 7.57 |
| 2 | Michelle Yalelhue | Notts | U15 F | 8.50 |
| 3 | Katie Horobin | Stockport | U15 F | 8.72 |
| 4 | Emily Rycroft | Notts | U15 F | 8.73 |
| 5 | Donna Alpin | Mansfield | SW | 8.75 |
| 6 | Sophie Marshall | Retford | U15 F | 8.82 |
| 7 | Ben Morton | Hallamshire | U15 F | 8.92 |

Race 10

| | | | | |
|---|-------------------|--------------------|-------|-------|
| 1 | Michael Miller | HPRC | SM | 8.43 |
| 2 | Caprice Miloro | Sutton in Ashfield | SW | 8.45 |
| 3 | Jasmine Greenaway | Charnwood | U17 F | 8.91 |
| 4 | Megan Davis | Rushcliffe | U15 F | 8.91 |
| 5 | Anna Hutson | Notts AC | U15 F | 9.10 |
| 6 | Lucy Forrest | Rotherham | U17 F | 9.15 |
| 7 | Alistair Homewood | Mansfield | U15 | 9.49 |
| 8 | Kayden Roe | Doncaster | SM | 10.65 |

Race 11

| | | | | |
|---|----------------------|-------------|-------|------|
| 1 | Nandy Kihuyu | Hallamshire | U15 | 8.04 |
| 2 | Miya Gladwin | Hallamshire | U15 F | 8.79 |
| 3 | Katie Potts | AVAC | U15 F | 8.82 |
| 4 | Tammy Smith | Mansfield | U15 F | 8.94 |
| 5 | Rebecca Smith | Stockport | U15 F | 9.01 |
| 6 | Mya Turner | Notts AC | U15 F | 9.23 |
| 7 | Jasmine Harris- Hart | Retford | U20 F | 9.52 |

Race 12

| | | | | |
|---|---------------------|------------|-------|-------|
| 1 | Millie Everitt | Stockport | U15 F | 8.58 |
| 2 | Callum Findlay | Rushcliffe | U15 | 8.99 |
| 3 | Eleanor Sabin | AVAC | U17 F | 9.13 |
| 4 | Millie Morgan | Birchfield | U15 F | 9.47 |
| 5 | Charlotte Ducksbury | Retford | U15 F | 9.65 |
| 6 | Peter Wright | MVAC | M70 | 10.11 |
| 7 | Edith Van Loon | HPRC | V45 F | 10.73 |
| 8 | Katarina Taylor | Retford | U15 F | 11.13 |

Race 13

| | | | | |
|---|---------------|--------------|-----|-------|
| 1 | Rafi Solaiman | Sheffield | U20 | 12.52 |
| 2 | Orla Conneely | Chesterfield | U17 | 16.44 |
| 3 | | | | |
| 4 | | | | |
| 5 | | | | |

60m Round2**Race 1**

| | | | | |
|---|------------------|-------------|-------|------|
| 1 | Ben Clarke | Worcester | SM | 7.43 |
| 2 | Thomas Hughes | Hallamshire | SM | 7.48 |
| 3 | Joshua Rogers | U/A | U17 | 7.50 |
| 4 | Emmanuel Lawal | Hallamshire | U17 | 7.54 |
| 5 | Aaron Aplin | Mansfield | SM | 7.79 |
| 6 | Luke Sayer | Newark | U20 | 7.83 |
| 7 | Ryan Bird | Barnsley | U17 | 7.91 |
| 8 | Katie Waterworth | Stockport | U20 F | 8.08 |

Race 2

| | | | | |
|---|------------------|--------------------|-------|------|
| 1 | Sam Fairweather | Sutton In Ashfield | U20 | 7.47 |
| 2 | Taronga Njakudya | Notts | U17 | 7.87 |
| 3 | Nandy Kihuyu | Hallamshire | U15 | 7.90 |
| 4 | Holly Murray | Stockport | U17 F | 8.03 |
| 5 | Isabel Male | RSCAC | U15 F | 8.08 |
| 6 | Kirstie Archer | Wombwell | U17 F | 8.22 |
| 7 | | | | |

Race 3

| | | | | |
|---|---------------------|--------------------|-------|------|
| 1 | Jack Doodson | Stockport | U15 | 7.97 |
| 2 | Joseph Harris-Hart | Retford | U20 | 8.19 |
| 3 | Julia Winogrodzka | Bolton Utd H | U15 F | 8.27 |
| 4 | Ellie Cartwright | Sutton in Ashfield | U17 F | 8.31 |
| 5 | Ellie Sheppard | Mansfield | U17 F | 8.33 |
| 6 | Charlotte Wilkinson | Stockport | U15 F | 8.51 |
| 7 | | | | |

Race 4

| | | | | |
|---|----------------|------------|-------|------|
| 1 | Lucy Robinson | Stockport | U17 F | 8.37 |
| 2 | Phoebe Clayton | Rushcliffe | U15 F | 8.47 |
| 3 | Olivia Ashdown | Sale | U17 F | 8.49 |
| 4 | Isabel White | Longwood | U15 F | 8.49 |
| 5 | Mille Everett | Stockport | U15 F | 8.62 |
| 6 | Rebecca Roach | Stockport | U17 F | 8.66 |
| 7 | Michael Bates | Doncaster | | 9.11 |

Race 5

| | | | | |
|---|------------------|-----------|-------|------|
| 1 | Dailso Daka | Sheffield | U20 | 7.47 |
| 2 | Joseph Dickenson | AVAC | U20 | 7.66 |
| 3 | Holly Aitchison | Stockport | U17 F | 8.39 |
| 4 | Libby Hakney | KUHAC | U15 F | 8.47 |
| 5 | Michelle Yalehue | Notts | U15 F | 8.56 |
| 6 | Hollie Else | AVAC | U17 F | 8.66 |
| 7 | Katie Horobin | Stockport | U15 F | 8.71 |

Race 6

| | | | | |
|---|---------------------|-----------|-------|------|
| 1 | Bradley Whyman | Worksop | U20 | 7.74 |
| 2 | Yaw Afirifam-Nemsah | Notts | U15 | 7.79 |
| 3 | Joel Kilford | Notts | U17 | 8.02 |
| 4 | Riaz Kapasi | Notts | U17 | 8.27 |
| 5 | Emily Rycroft | Notts AC | U15 F | 8.68 |
| 6 | Jasmine Greenaway | Charnwood | U17 F | 8.85 |
| 7 | Donna Alpin | Mansfield | SW | 8.86 |
| 8 | Katie Potts | AVAC | U15 F | 9.01 |

Race 7

| | | | | |
|---|-----------------|-------------|-------|------|
| 1 | Andrew Ogley | Sheffield | U17 | 7.99 |
| 2 | Michael Miller | HPRC | SM | 8.41 |
| 3 | Sophie Marshall | Retford | U15 F | 8.71 |
| 4 | Rebecca Leather | Stockport | U15 F | 9.05 |
| 5 | Ben Morton | Hallamshire | U15 | 9.09 |
| 6 | Eleanor Sabin | AVAC | U17 F | 9.11 |
| 7 | Anna Hutson | Notts | U15 F | 9.22 |

Race 8

| | | | | |
|---|-------------------------|------------|-------|-------|
| 1 | Bradley Ward-White | Notts | U15 | 8.50 |
| 2 | Lucy Forrest | Rotherham | U17 F | 9.17 |
| 3 | Mya Turner | Notts | U15 F | 9.32 |
| 4 | Millie Morgan | Birchfield | U15 F | 9.43 |
| 5 | Jasmine Harris - Hart | Retford | U20 F | 9.57 |
| 6 | Hermione Hamilton-Smith | Holmfirth | U15 F | 9.64 |
| 7 | Katarina Taylor | Retford | U15 F | 11.07 |

300m Races

Race 1

| | | | | |
|---|------------------|--------------------|-----|-------|
| 1 | Joseph Dickenson | AVAC | U20 | 36.57 |
| 2 | Nathaniel Dyas | Hallamshire | U17 | 37.47 |
| 3 | Cameron Rawson | Sutton in Ashfield | U20 | 38.08 |
| | | | | |
| | | | | |

Race 2

| | | | | |
|---|---------------------|------------|-----|-------|
| 1 | David Iliffe | RSCAC | U17 | 38.70 |
| 2 | Cameron Nightingale | Notts AC | U17 | 39.08 |
| 3 | Joshua Rogers | U/A | U17 | 39.08 |
| 4 | Marc Scott | Rushcliffe | SM | 39.72 |
| | | | | |

Race 3

| | | | | |
|---|--------------|-----------|-------|-------|
| 1 | Joel Kilford | Notts AC | U17 | 39.70 |
| 2 | Ryan Bird | Barnsley | U17 | 39.80 |
| 3 | Gemma Jones | Corby | U17 F | 40.49 |
| 4 | Holly Murray | Stockport | U17 F | 41.12 |
| | | | | |

Race 4

| | | | | |
|----|---------------------|-----------|-------|-------|
| 1 | Jack Doodson | Stockport | U15 | 40.57 |
| 2 | Isabel White | Longwood | U15 F | 42.61 |
| 3 | Emily Misantoni | Stockport | U17 F | 42.99 |
| 4 | Jessica Lake | Mansfield | U17 F | 43.69 |
| 5 | Ellie Sheppard | Mansfield | U17 F | 45.50 |
| DQ | Bradley Ward- White | Notts AC | U15 | DQ |

Race 5

| | | | | |
|---|----------------|--------------------|-------|-------|
| 1 | Nick Quilty | Rushcliffe | M45 | 41.55 |
| 2 | Michael Miller | HPRC | SM | 42.36 |
| 3 | Jessica Waters | Sutton in Ashfield | U20 F | 43.58 |
| 4 | Olivia Ashdown | Sale | U17 F | 45.09 |
| 5 | | | | |

Race 6

| | | | | |
|---|---------------------|-------------|-------|-------|
| 1 | Riaz Kapasi | Notts AC | U17 | 41.64 |
| 2 | Nandy Kiuyu | Hallamshire | U15 | 41.99 |
| 3 | Joseph Harris-Hart | Retford | U20 | 42.58 |
| 4 | Charlotte Wilkinson | Stockport | U15 F | 43.93 |
| 5 | Holly Else | AVAC | U20 F | 45.66 |

Race 7

| | | | | |
|---|-----------------------|------------|-------|-------|
| 1 | Amelia Biggs- Goode | Notts AC | U17 F | 44.20 |
| 2 | Millie French-Harling | Sheffield | U17 F | 44.26 |
| 3 | Catriona Scott | VP Glasgow | U15 F | 44.61 |
| 4 | Jasmine Greenaway | Charnwood | U17 F | 47.61 |
| 5 | | | | |

Race 8

| | | | | |
|---|-----------------|----------------|-------|-------|
| 1 | Zena Challenger | Wreake & Soar | U20 F | 44.52 |
| 2 | Sam Haines | Ivanhoe Robins | U15 | 46.89 |
| 3 | Rebecca Cox | Stockport | U15 F | 47.64 |
| 4 | Lannie Hickman | Retford | U15 F | 47.82 |
| 5 | Emily Rycroft | Notts AC | U15 F | 47.82 |
| 6 | Patrick Quilty | Rushcliffe | U17 | 48.17 |

Race 9

| | | | | |
|---|-------------------|------------|-------|-------|
| 1 | Aleksandar Taylor | Retford | U17 | 42.65 |
| 2 | Graham Moffatt | Rushcliffe | M50 | 45.65 |
| 3 | Kevin Pye | Notts AC | M55 | 45.42 |
| 4 | Victoria West | Sheffield | U20 F | 48.20 |
| 5 | Joon Wee Hoo | HPRC | SM | 53.40 |

Race 10

| | | | | |
|---|--------------------|------------|-------|-------|
| 1 | Makar Babenko | Retford | U15 | 44.99 |
| 2 | Millie Hardy | Wombwell | U15 F | 46.44 |
| 3 | Alessandro Ferrari | HPRC | M35 | 47.19 |
| 4 | Millie Morgan | Birchfield | U15 F | 53.82 |
| | | | | |

Race 11

| | | | | |
|----|---------------|-------------|-------|-------|
| 1 | Emily Rawson | Notts AC | U15 f | 46.90 |
| 2 | Miya Gladwin | Hallamshire | U15 F | 46.99 |
| 3 | Mia Franco | AVAC | U15 F | 49.41 |
| DQ | Eleanor Sabin | AVAC | U17 F | |
| | | | | |

800m**Race 1**

| | | | | |
|---|----------------------|---------------|-----|------------|
| 1 | Luca Mayes | Corby | U17 | 2 min 06.4 |
| 2 | Ben McIntyre | Swindon | U20 | 2 – 06.6 |
| 3 | William Cooke | Leeds | U17 | 2 – 06.8 |
| 4 | Marc Scott | Rushcliffe | SM | 2 – 07.7 |
| 5 | Roman Watson-Quilter | Wreake & Soar | U17 | 2 – 15.8 |
| 6 | Lucca Watson-Quilter | Wreake & Soar | U17 | 2 – 20.5 |
| | | | | |

Race 2

| | | | | |
|---|------------------|------------------|-------|------------|
| 1 | James Finne | Uni of Leicester | SM | 2 min 07.5 |
| 2 | Indienne King | Wreake & Soar | U17 F | 2 – 23.7 |
| 3 | Jessamine Hughes | Notts | U15 F | 2 – 24.8 |
| 4 | John Partridge | HPRC | M35 | 2 – 29.5 |
| 5 | Skye Kelsey | AVAC | U17 F | 2 – 23.9 |
| 6 | | | | |
| | | | | |

Race 3

| | | | | |
|---|----------------|----------------|-----|------------|
| 1 | Cole Beck | Mansfield | U15 | 2 min 19.9 |
| 2 | Graham Moffatt | Rushcliffe | M50 | 2 – 20.2 |
| 3 | Robert Stewart | HPRC | M45 | 2 - 24.9 |
| 4 | John Donaldson | Corby | M55 | 2 – 25.2 |
| 5 | Sam Haines | Ivanhoe Robins | U15 | 2 – 31.1 |
| | | | | |

Race 4

| | | | | |
|---|--------------------|------------------|-------|------------|
| 1 | Madeline Mayes | Corby | U15 F | 2 min 25.2 |
| 2 | Alessandro Ferrari | HPRC | M35 | 2 – 27.0 |
| 3 | Gabby Sutton | Notts AC | U15 F | 2 – 33.7 |
| 4 | Hannah Shaw | Uni of Leicester | U20 | 2 – 35.9 |
| 5 | Mia Hoejberg | Rushcliffe | U20 F | 2 – 38.0 |
| 6 | Holly Spencer | Mansfield | U17 F | 2 – 45.5 |
| 7 | Barney Cotton | Retford | U15 | 2 – 50.8 |
| 8 | Chris Allen | HPRC | M55 | 2 – 56.5 |

Race 5

| | | | | |
|---|----------------|-------|-------|-------------|
| 1 | Kevin Pye | Notts | M55 | 2 mins 27.9 |
| 2 | David Hodson | HPRC | M35 | 2 – 48.0 |
| 3 | Joon Wee Ho | HPRC | SM | 2 – 49.4 |
| 4 | Edith Van Loon | HPRC | V45 F | 2 – 57.7 |
| 5 | Katie Holmes | HPRC | V55 F | 3 – 12.2 |
| | | | | |

3,000m

| | | | | |
|----|-----------------|-----------------------|-------|----------------|
| 1 | Graham Moffatt | Rushcliffe | M40 | 10 mins – 04.4 |
| 2 | Andy Wetherill | Mansfield | M60 | 10 – 06.9 |
| 3 | Elliot Smith | Newcastle (Staffs) AC | U17 | 10 – 40.7 |
| 4 | Claire Bentley | Watford | SW | 10 – 43.3 |
| 5 | Louise Cockling | Chesterfield | U20 F | 10 – 46.4 |
| 6 | Joon Wee Ho | HPRC | SM | 12 – 10.3 |
| 7 | Aimee Cambell | KUHAC | U15 F | 12 – 21.0 |
| 8 | Neil Davenport | HPRC | M60 | 12 – 27.2 |
| 9 | Georgina North | KUHAC | U15 F | 12 – 32.2 |
| 10 | | | | |
| 11 | | | | |

Shot Pool 1 Age group weights used

| | | | | |
|----|-----------------|--------------------|-----------|---------|
| 1 | Nathen Langley | Doncaster | U20 | 12m 58 |
| 2 | Ben Crossdale | Notts | Sen Men | 11 – 60 |
| 3 | Lydia Church | Nene V | Sen Women | 10 - 68 |
| 4 | Lucy Forrest | Rotherham | U17 F | 10 - 61 |
| 5 | Ellie Sheppard | Mansfield | U 17 F | 10 – 44 |
| 6 | Abigail Pawlett | Stockport | U17 F | 10 -30 |
| 7 | Regan Langley | Doncaster | U20 | 9 – 85 |
| 8 | Peter Hewkin | Mid Masters | M60 | 9 – 40 |
| 9 | Jordan Mitchell | Sutton in Ashfield | Sen Men | 9 – 19 |
| 10 | | | | |
| | | | | |

Shot Pool 2 Age group weights used

| | | | | |
|----|-----------------|------------------------|-------|---------|
| 1 | Sanna McLean | Stockport | U20 F | 8m - 83 |
| 2 | Sophie Marshall | Retford | U15 F | 8 - 40 |
| 3 | Anya Dunne | Stockport | U15 F | 8 - 17 |
| 4 | Anna Hutson | Notts | U15 F | 7 - 87 |
| 5 | Rebecca Roach | Stockport | U17 F | 7 - 61 |
| 6 | Megan Davis | Rushcliffe | U15 F | 7 - 38 |
| 7 | Connie Boyd | Doncaster | U15 F | 7 - 32 |
| 8 | Rhys Hall | King Ed Sch Sheffield | U20 | 7 - 20 |
| 9 | Editha Van Loon | HPRC | V45 F | 7 - 07 |
| 10 | Sue Allcock | Sutton – in - Ashfield | V55 F | 6 - 87 |
| 11 | Milie Harby | Wombwell | U15 F | 6 - 86 |
| 12 | Millie Quinn | Hallamshire | U15 F | 6 - 79 |
| 13 | Katarina Taylor | Retford | U15 F | 6 - 42 |
| 14 | Amy Bettridge | Notts | U15 F | 6 - 51 |
| 15 | Eleanor Sabin | AVAC | U17 F | 6 - 15 |
| 16 | Julia Johnson | Hallamshire | V45 F | 6 - 10 |
| 17 | Sam Haines | Ivanhoe Robins | U15 | 6 - 00 |
| 18 | Beth Moodie | KUHAC | U15 F | 5 - 75 |
| 19 | Megan Mellor | Rushcliffe | U15 F | 5 - 16 |
| | | | | |

High Jump Pool 1

Positions based on count back where heights are equal

| | | | | |
|-----|---------------------|--------------|-------|---------|
| 1 | Cosmo Johnson | Hallamshire | U15 | 1m - 45 |
| 2 | Erica Davidson | Sheffield | U17 F | 1 - 40 |
| 3 | Sanna McLean | Stockport | U20 F | 1m - 40 |
| 4 | Lois Green | Chesterfield | U15 F | 1 - 35 |
| 5 | Millie Quinn | Hallamshire | U15 F | 1 - 35 |
| 6 | Callum Finlay | Rushcliffe | U15 | 1 - 35 |
| 7 = | Kate Horobin | Stockport | U15 F | 1 - 25 |
| 7 = | Neve Martin | Hallamshire | U15 F | 1 - 25 |
| 9 | Phoebe Clayton | Rushcliffe | U15 F | 1 - 25 |
| 10 | Robyn Tilsley | AVAC | U17 F | 1m - 20 |
| 11 | Charlotte Ducksbury | Retford | U15 F | 1 - 15 |
| 12 | Beth Moodie | KUHAC | U15 F | 1 - 10 |
| 13 | Trinity Williams | Doncaster | U15 F | 1 - 05 |
| 14 | | | | |
| | | | | |

High Jump Pool 2

Positions based on count back where heights are equal

| | | | | |
|-----|------------------|-----------------------|-------|---------|
| 1 | Chris Jones | Lincoln Uni / Ipswich | SM | 1m - 80 |
| 2 | Gregory Davidson | Chesterfield | U17 | 1 - 70 |
| 3 | Steve Linsell | Leeds | M55 | 1 - 65 |
| 4 | Andrew Ogley | Sheffield | U17 | 1 - 65 |
| 5 | Charlotte Kerr | Rotherham | U20 F | 1 - 50 |
| 6 = | | | | |
| 6 = | | | | |
| 8 | | | | |
| 9 | | | | |

Pole Vault

Pool 1 - starting height 1m 50

| | | | | |
|---|------------------|--------------|-------|--------|
| 1 | Lois Green | Chesterfield | U17 F | 2 – 90 |
| 2 | Lottie Piness | Charnwood | U15 F | 2 – 90 |
| 3 | Lauren Owens | Newark | U20 F | 2 - 60 |
| 4 | Sophie Oliver | Hallamshire | U17 F | 2 – 50 |
| 5 | Rudie May | Sheffield | U13 | 2 – 50 |
| 6 | Rebecca Wardle | Chesterfield | U20 F | 2 – 40 |
| 7 | Emily Sheriff | Notts | U15 F | 2 – 20 |
| 8 | Megan Mellor | Rushcliffe | U15 F | 1 – 60 |
| | Cosmo Johnson | Hallamshire | U15 | NH |
| | Bethany Faulkner | Chesterfield | U17 F | NH |
| | | | | |

Pole Vault Pool 2 - starting height 2-80

| | | | | |
|---|----------------------|-----------|-------|---------|
| 1 | Kofi Afirifam-Nemsah | Notts | U17 | 3m – 20 |
| 2 | Amy Hunt | Wakefield | U15 F | 3 – 20 |
| 3 | Luka Michlowski | Charnwood | U17 | 3 – 20 |
| 4 | Luke Sayer | Newark | U20 | 3 – 10 |
| 5 | Isla Crameri | Tamworth | U17 F | 3 – 00 |
| 6 | Grace Thomas | Notts Uni | SW | 2 – 80 |
| 7 | Katie Sexton | Crawley | U20 F | NH |
| 8 | | | | |

Triple Jump

| | | | | |
|----|--------------------|------------|-------|----------|
| 1 | Julien Gittens | Leeds | M55 | 11m - 11 |
| 2 | Holly Aichison | Stockport | U17 F | 10 – 94 |
| 3 | Jack Doodson | Stockport | U15 | 10 - 85 |
| 4 | Megan Lassetter | Stockport | U20 F | 10 - 55 |
| 5 | Michelle Yalahue | Notts AC | U15 F | 9 - 89 |
| 6 | Tokoni Tamuno | Notts AC | U17 | 9 – 59 |
| 7 | Cole Beck | Mansfield | U15 | 9 - 67 |
| 8 | Makar Babenko | Retford | U15 | 9 - 38 |
| 9 | Rebecca Leather | Stockport | U15 F | 9 – 19 |
| 10 | Joseph Harris-Hart | Retford | U20 | 9 - 17 |
| 11 | Amanda Findlay | Rushcliffe | U15 F | 8 - 96 |
| 12 | Callum Findlay | Rushcliffe | U15 | 8 - 56 |
| 13 | Millie Everett | Stockport | U15 F | 8 - 19 |
| 14 | Matthew Forrest | Worksop | U15 | 8 - 14 |
| 15 | | | | |

Long Jump Pool 2 - Pit 2 comp

| | | | | |
|----|------------------|------------|-------|---------|
| 1 | Morgan Spink | Rotherham | U20 F | 5m - 49 |
| 2 | Kristie Archer | Wombwell | U17 F | 5 - 31 |
| 3 | Lucy Robinson | Stockport | U17 F | 5 - 28 |
| 4 | Holly Aitchson | Stockport | U17 F | 5 - 14 |
| 5 | Charlotte Kerr | Rotherham | U20 F | 4 - 94 |
| 6 | Jessica Lake | Mansfield | U17 F | 4 - 83 |
| 7 | Erica Davidson | Sheffield | U17 F | 4 - 78 |
| 8 | Emily Misantonio | Stockport | U17 F | 4 - 50 |
| 9 | Makar Babenko | Retford | U15 | 4 - 46 |
| 10 | Chris Ashmore | Mansfield | M55 | 4 - 36 |
| 11 | Amanda Finlay | Rushcliffe | U15 F | 4 - 35 |
| 12 | Phoebe Clayton | Rushcliffe | U15 F | 4 - 19 |
| 13 | Malia Dunne | Stockport | U17 F | 4 - 12 |
| 14 | Mia Franko | AVAC | U15 F | 4 - 10 |
| 15 | Tammy Smith | Mansfield | U15 F | 4 - 00 |
| 16 | Tilly Owens | Newark | U20 F | 3 - 95 |
| 17 | | | | |
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Long jump – pool 1

| | | | | |
|----|-----------------------|-----------|-------|--------|
| 1 | Bradley Whyman | Worksop | U20 | 5m 05 |
| 2 | Kofi Afirifam- Nemsah | Notts | U17 | 4 – 70 |
| 3 | Alessandro Ferrari | HPRC | M35 | 4 - 33 |
| 4 | Beth Moode | KUHAC | U15 F | 4 - 23 |
| 5 | Simon Roberts | Retford | U15 | 4 - 22 |
| 6 | Jessica Kaul | AVAC | U15 F | 4 – 18 |
| 7 | Jasmine Hughes | Notts | U15 F | 4 – 13 |
| 8 | Holly Spencer | Mansfield | U17 F | 4 – 06 |
| 9 | Matthew Forrest | Worksop | U15 | 3 - 58 |
| 10 | Connie Boyd | Doncaster | U15 F | 3 – 57 |
| 11 | Charlotte Ducksbury | Retford | U15 F | 3 – 47 |
| 12 | Jasmine Harris- Hart | Retford | U20 F | 3 – 38 |
| 13 | Katarina Taylor | Retford | U15 F | 2 - 79 |
| 14 | | | | |
| 15 | | | | |
| | | | | |