

# U.K. Counties Athletic Union

Affiliated to UK Athletics Limited  
President: JENNY MEADOWS



BRITISH  
ATHLETICS



Dear Colleague

February 2019

Thank you, for your Entries to our CC Championships. I enclose details of how to get to Prestwold Hall and parking arrangements (map included), also details of limited changing.

**NOTE:** Coaches, Minibuses and cars will be charged to park their vehicle on the airfield next to the course see details attached. Please note that coaches and Mini buses can send for a permit before the day to save time. Directions are also attached.

Please note that **ELECTRONIC CHIP TIMING** will be used again this year for all races. Please can you or your athletes pick up their numbers with their electronic chip from the Registration Tent marked No.1 on site map. Then all athletes **MUST** go through the **START AREA** to be checked that the chip is fitted on their ankle before they enter into the start area. Please also **NOTE** no chip on, then **NOT** listed in results.

**NOTE:** This year Chips & Nos. for the first 5 races will be available from 9.00 am. However Chips & Nos. for the last 5 races will be available from 11.00 am.

**NOTE:** If you have an Athlete with any Medical Problems could you please ask them to write their condition on the back of their race number and also a contact phone number. Also, a form will be available for team managers to leave a mobile contact number in the registration tent.

## Programme:

11:00am	U20 Men	8000M
11:30am	U13 Boys	3000M
11:45am	Senior Women	10000M
12:35pm	U15 Boys	4000M
12:55pm	U17 Women	5000M
13.15pm	U20 Women	6000M
13:40pm	U13 Girls	3000M
14:00pm	U17 Men	6000M
14:20pm	U15 Girls	4000M
14:45pm	Senior Men	10000M

I look forward to meeting you all at the Championships on 9<sup>th</sup> March 2019

Yours in Sport

**Joe Mower**  
Cross County Secretary

Affiliated to UK Athletics Limited  
President: PETER MATTHEWS



BRITISH  
ATHLETICS



Prestwold Hall Driving Centre  
Prestwold Lane, Loughborough Leicestershire LE12 5SH

## Travel Directions

### SAT NAV - LE12 5SH

Direction signs to the venue will be erected where safe and legal to do so.

For majority of athletes and spectators this will be a new venue so please allow sufficient time to arrive safely. The following parking charges will apply

£5 per car

£15 Mini Bus

£25 Coach

Please do not park on the roads outside the venue as this may result in cars being towed away. There is sufficient hard standing parking for up to 3000 vehicles adjacent to the course.

### From the South, West and South Wales

- Come off the M1 at junction 21A taking the A46 signposted to Loughborough and Leicester North.
- After approx. 1/2 miles, turn onto A6, signposted to Loughborough and Leicester North.
- At roundabout, follow signs to Loughborough and Rothley; straight over the next roundabout continuing 3 1/2 miles down A6.
- Turning off the A6 at the second signpost for Quorn and Barrow on Soar, proceed up the hill and turn left at the next roundabout.
- Continue through the village High Street following signs to Hoton and straight over the large roundabout continuing towards Hoton. In just under 2 miles you will see a sign for Prestwold Hall (Everyman Motor Racing), turn right into Prestwold Lane and entrance Prestwold Hall Driving Centre is just down on your left.

### From the Midlands, North West, North East, North Wales and Scotland

- Make for M1 junction 24 at Kegworth. (travel via M42 or A38 / A50, M6 / A50, A1 / M1)
- From M1 junction 24 take the A6 through Kegworth for 2 ¾ miles then turn left onto A6006 to Rempstone, • turn right at traffic lights onto A60 which will take you into Hoton, where you will turn left into Prestwold Lane. Entrance to Prestwold Hall Driving Centre is approx 200 yards on your left.

### From the East

- Take A52 to Grantham, then follow A607 to Melton Mowbray, then either follow signs to Loughborough, and Prestwold or take the A6006 to Rempstone, left onto A60 into Hoton and left into Prestwold Lane.

### From the South East

- From A1 take A606 to Melton Mowbray, then A6006 to Rempstone, left onto A60 into Hoton as above

