

2022 Newstead 5k County Championships medals 29/07/22

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| Girls U17 | | | Chip Time |
| 1 | Lily Mason | Mansfield Harriers | 19:32 |
| 2 | Grace Manson | Mansfield Harriers | 20:20 |
| 3 | Freya Longmead | | 21:29 |
| Ladies U20 | | | |
| 1 | Caitlin Elliot | Sutton in Ashfield Harriers | 26:04 |
| Open Ladies | | | |
| 1 | Rebecca Gallop | Newark AC | 17:45 |
| 2 | Helen Woods | Kimberly & District Striders | 18:41 |
| 3 | Molly Johnson | Sutton in Ashfield Harriers | 19:11 |
| Ladies V35-44 | | | |
| 1 | Rebecca Gallop | Newark AC | 17:45 |
| 2 | Helen Woods | Kimberly & District Striders | 18:41 |
| 3 | Sarah Richards | | 20:27 |
| Ladies V45-54 | | | |
| 1 | Sophie Eadsforth | Beeston AC | 20:29 |
| 2 | Charlotte Jones | Worksop Harriers | 20:36 |
| 3 | Charlotte Buck | Redhill Road Runners | 21:00 |
| Ladies V55-64 | | | |
| 1 | Christine Bexton | Beeston AC | 23:14 |
| 2 | Jackie Cunningham | Beeston AC | 23:23 |
| 3 | Jeanette Stevens | Notfast RC | 23:33 |
| Ladies V65-74 | | | |
| 1 | Barbara Stevens | Redhill Road Runners | 23:04 |
| 2 | Penny Durance | Holme Pierrepont | 25:36 |
| 3 | Maddy Collinge | Mansfield Harriers | 28:01 |
| Ladies V75+ | | | |
| Boys U17 | | | |
| 1 | Jake Greenhalgh | Mansfield Harriers | 15:38 |
| 2 | Jacob Nugent | Mansfield Harriers | 15:51 |
| 3 | Edward Sankey | Mansfield Harriers | 16:20 |

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|-------------------|---------------------|-----------------------------|-------|
| Men U20 | | | |
| 1 | Adam Knights | Sutton in Ashfield Harriers | 23:00 |
| Open Men | | | |
| 1 | Jake Greenhalgh | Mansfield Harriers | 15:38 |
| 2 | Dan Nugent | Mansfield Harriers | 15:38 |
| 3 | Connall McNally | Belgrave Harriers | 15:43 |
| Men V35-44 | | | |
| 1 | Matthew Nutt | Holme Pierrepont | 16:13 |
| 2 | Darlington Magalela | Long Eaton RC | 16:47 |
| 3 | Oliver Crampton | Newark AC | 17:01 |
| Men V45-54 | | | |
| 1 | Dan Nugent | Mansfield Harriers | 15:38 |
| 2 | David Cass | Sutton in Ashfield Harriers | 17:01 |
| 3 | Lewis Hopkinson | Newark AC | 17:25 |
| Men V55-64 | | | |
| 1 | Andrew Taplin | Beeston AC | 17:00 |
| 2 | Paul Whittington | Sutton in Ashfield Harriers | 17:32 |
| 3 | Simon Nash | Redhill Road Runners | 18:15 |
| Men V65-74 | | | |
| 1 | David Riley | Long Eaton RC | 21:43 |
| 2 | Terry Ashmore | | 22:41 |
| 3 | Simon Elliott | Beeston AC | 22:52 |
| Men V75+ | | | |
| 1 | Chris Dunn | | 22:37 |
| 2 | Michael Horn | Redhill Road Runners | 29:25 |

Well done to all County Championship entries. I hope you enjoyed the evening and the warm weather. Many thanks to Redhill Road Runners for a great event yet again

Peter Davis MBE