

2023 County Champs – 5k. Newstead Abbey Dash. 28 July.

Category	Name	Club	Chip Time
U17 Girls			
1.	Lily Mason	Mansfield H	18.33
2.	Charley Whysall	Mansfield H	18.51
3.	Maisy Slack	Mansfield H	19.56
U20 Ladies			
1.	Francesca Sedgewick	Retford AC	23.09
2.			
3.			
Open Ladies			
1.	Naomi Elliott	HPRC	18.27
2.	Lily Mason	Mansfield H	18.33
3.	Charley Whysall	Mansfield H	18.51
Ladies V35-44			
1.	Helen Woods	KADS	19.06
2.	Jessica Necchi	Redhill RR	20.13
3.	Helen Jones	Mansfield H	20.40
Ladies V45-54			
1.	Katherine Malone-Brumfitt	Rushcliffe AC	20.25
2.	Charlotte Buck	Redhill RR	20.44
3.	Tracy Parker	Sutton Harriers	21.23
Ladies V55-64			
1.	Cathrine Mhembe	Worksop H	24.54
2.	Dawn Stevenson	Sutton Harriers	30.02
3.	Juliet Harrison	Beeston AC	30.09
Ladies V65-74			
1.	Barbera Stevens	Redhill RR	23.35
2.	Penny Durance	HPRC	25.13
3.	Carol Fickling	Mansfield H	31.11
U17 Boys			
1.	Jacob Nugent	Mansfield H	15.36
2.	Edward Sankey	Mansfield H	16.16
3.	Jake Orr	Rotherham H	16.23

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