Notts Athletic Club present the 48th annual **Notts 10 Mile Road Race**

Friday 21st June 2019 at 7pm National Watersports Centre, Holme Pierrepont

INCORPORATING THE NOTTS AAA COUNTY CHAMPIONSHIPS

SPONSORED BY: R_{EWY}	For Office Use Only
SURNAME	FORENAME
DOB	AGE ON RACE DAY
UKA AFFILIATED CLUB ADDRESS	UKA REG No
	M/F
POSTCODE	TELEPHONE
EMAIL	
I wish to enter the Notts AAA 10 Mile County Championships: I qualify by birth / I qualify by 9 months residence (Please delete as appropriate) Closing date for all entries Friday 14 th June 2019	
Cheques payable to "Notts 5 & 10". Please include a stamped self-addressed envelope so that your race number can be returned to you. Entry forms & payment to: Notts 10, Canterbury Mill, Canterbury Road, Radford, Nottingham, NG8 1PQ. Online entry: www.nottsac.co.uk Declaration I declare that the information given above is correct. I declare that I am medically fit to participate in this event & I agree not to hold the promoter / promoting body responsible in any way for injury or loss as part of my participation in this event. I agree to abide by UKA rules: www.britishathletics.org/competitions/rules	
SIGNED:	DATE:
Your email address will be stored for the sole use of Notts AC, and will not be passed on to any third parties. We will send any information regarding this event and any future events to the email provided. You may unsubscribe at any time via the link on any of these emails.	

Entry limit 1000 for Notts 10. No refunds or transfers.

Minimum age 17 to enter 10 mile event.