

NOTTINGHAMSHIRE ATHLETICS NETWORK

INDOOR ATHLETICS MEETING

Sunday 24th November 2019

EIS Sheffield

Timetable Quadkids Competition

9-15am Registration opens

Quadkids Competition (all times approximate)

09-45	Long jump	Yr 7 Girls	- Pit 2
	Long jump	Yr 6 Girls	- Pit 1
	Howler javelin	Yr 7 Boys	- Back Straight
09.55	Howler javelin	Yr 6 Boys	- Back Straight
10-10	Howler javelin	Yr 5 Boys	- Back Straight
	60m sprint	Yr 7 Boys	- Centre Straight
10-15	60m Sprint	Yr 6 Boys	- Centre Straight
10-25	60m Sprint	Yr 7 Girls	- Centre Straight
	Howler javelin	Yr 5 Girls	- Back Straight
	Long Jump	Yr 7 Boys	- Pit 2
10-30	60 m Sprint	Yr 6 Girls	- Centre Straight
	Long Jump	Yr 6 Boys	- Pit 1
10-40	Howler Javelin	Yr 7 Girls	- Back Straight
	60m Sprint	Yr 5 Boys	- Centre Straight
10-50	60m Sprint	Yr 5 Girls	- Centre Straight
10-55	Howler Javelin	Yr 6 Girls	- Back Straight
11-00	Long Jump	Yr 5 Boys	- Pit 1
11-05	Long Jump	Yr 5 Girls	-Pit 2
11-10	600m (3 laps)	Yr 7 Boys	- Main Track
11-15	600m (3 laps)	Yr 7 Girls	- Main Track
11-20	600m (3 laps)	Yr 6 Boys	- Main Track
11-30	600m (3 laps)	Yr 6 Girls	- Main Track
11-40	600m (3 laps)	Yr 5 Boys	- Main Track
11-50	600m (3 laps)	Yr 5 Girls	- Main Track

12-15 noon Start of the Presentation of awards

1st, 2nd and 3rd in each age group – girls and boys