**Nottinghamshire Cross Country Championships 2009**

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|  |  |  |  |  |  |  |  |  |  |  |  |
|  | **Race 1** | | **U11 Girls  1500mts** |  |  |  |  | **Teams** | | |  |
|  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |
|  | *O/Pos* | *No.* | *Name* | *Club* | *Time* |  |  |  | *Pos* | *Club* | *Pts* |
|  | 1 | 1 | Nicole Goulding | Lowe's Wong Junior School | 5.51 |  | 1 |  | **1** | Notts AC | 15 |
|  | 2 | 11 | Isabelle Roberts | Notts AC | 6.04 |  |  |  |  |  |  |
|  | 3 | 10 | Georgia Clarke | Notts AC | 6.09 |  | 2 |  | **2** | Lowe's Wong Junior Sch | 17 |
|  | 4 | 7 | Abbie Wells | Sutton H & AC | 6.11 |  |  |  |  |  |  |
|  | 5 | 30 | Olivia Mathias | Newark AC | 6.12 |  | 3 |  | **3** | Worksop Harriers | 31 |
|  | 6 | 24 | Chloe Hallewell | Worksop Harriers | 6.27 |  |  |  |  |  |  |
|  | 7 | 2 | Emma Cundy | Lowe's Wong Junior School | 6.31 |  |  |  |  |  |  |
|  | 8 | 34 | Emily Tupholme | St Peter's C of E | 6.41 |  |  |  |  |  |  |
|  | 9 | 4 | Megan Surtees | Lowe's Wong Junior School | 6.42 |  |  |  |  |  |  |
|  | 10 | 12 | Ruby Foster | Notts AC | 6.43 |  |  |  |  |  |  |
|  | 11 | 5 | Ruby Codd | Lowe's Wong Junior School | 6.47 |  |  |  |  |  |  |
|  | 12 | 27 | Lauren Ward | Worksop Harriers | 6.48 |  |  |  |  |  |  |
|  | 13 | 22 | Bethan Dennis | Worksop Harriers | 6.51 |  |  |  |  |  |  |
|  | 14 | 8 | Jazmin Musgrove | Sutton H & AC | 6.56 |  |  |  |  |  |  |
|  | 15 | 29 | Eleanor Ingram | Newark AC | 6.57 |  |  |  |  |  |  |
|  | 16 | 28 | Emelia Hill | Newark AC | 6.59 |  |  |  |  |  |  |
|  | 17 | 3 | Ellie White | Lowe's Wong Junior School | 7.05 |  |  |  |  |  |  |
|  | 18 | 18 | Laura Herrod | Abbey Gates Primary | 7.07 |  |  |  |  |  |  |
|  | 19 | 37 | Ava Stevens | Rushcliffe AC | 7.08 |  |  |  |  |  |  |
|  | 20 | 9 | Rachel Beer | Sutton H & AC | 7.11 |  |  |  |  |  |  |
|  | 21 | 35 | Rebecca Buckby | St Peter's C of E | 7.14 |  |  |  |  |  |  |
|  | 22 | 14 | Bethany Newton | Notts AC | 7.17 |  |  |  |  |  |  |
|  | 23 | 23 | Katarina Dyka | Worksop Harriers | 7.18 |  |  |  |  |  |  |
|  | 24 | 26 | Miranda Parkes | Worksop Harriers | 7.35 |  |  |  |  |  |  |
|  | 25 | 13 | Sophie McQueen | Notts AC | 7.54 |  |  |  |  |  |  |
|  | 26 | 38 | Clarissa Drury | Sherwood Junior | 7.57 |  |  |  |  |  |  |
|  | 27 | 39 | Georgia Viggers | 4 Life Tri Club | 8.17 |  |  |  |  |  |  |
|  | 28 | 36 | Ellen Baker | Rushcliffe AC | 8.23 |  |  |  |  |  |  |
|  | 29 | 19 | Molly Smith | Abbey Gates Primary | 8.30 |  |  |  |  |  |  |
|  | 30 | 20 | Annabel Wilson | Abbey Gates Primary | 9.06 |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |
|  | **Race 2** | | **U11 Boys  1500mts** |  |  |  |  | **Teams** | | |  |
|  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |
|  | *O/Pos* | *No.* | *Name* | *Club* | *Time* |  |  |  | *Pos* | *Club* | *Pts* |
|  | 1 | 74 | Alex Rieley | St Peter's C of E | 5.23 |  | 1 |  | **1** | St Peter's C of E | 16 |
|  | 2 | 60 | Robert Palmer | Notts AC | 5.35 |  |  |  |  |  |  |
|  | 3 | 61 | Jack Harmer | Notts AC | 5.40 |  | 2 |  | **2** | Notts AC | 16 |
|  | 4 | 95 | Christopher Ward | Newark AC | 5.42 |  |  |  |  |  |  |
|  | 5 | 75 | Ben Hardy | St Peter's C of E | 5.44 |  | 3 |  | **3** | Abbey Gates Primary | 32 |
|  | 6 | 84 | William Anderson | Abbey Gates Primary | 5.49 |  |  |  |  |  |  |
|  | 7 | 98 | Archie Rayner | Lowes Wong Junior | 5.50 |  |  |  |  |  |  |
|  | 8 | 85 | George Pidding | Abbey Gates Primary | 5.50 |  |  |  |  |  |  |
|  | 9 | 45 | Callum Painter-Heywood | Nottingham High School | 5.52 |  |  |  |  |  |  |
|  | 10 | 80 | Nicholas Alexander | St Peter's C of E | 5.54 |  |  |  |  |  |  |
|  | 11 | 62 | Peter Mumford | Notts AC | 5.54 |  |  |  |  |  |  |
|  | 12 | 102 | Nicholas Hobbs | 4 Life Tri Club | 5.55 |  |  |  |  |  |  |
|  | 13 | 71 | David Hall | Sherwood Junior School | 5.56 |  |  |  |  |  |  |
|  | 14 | 73 | Oliver Evans | Sherwood Junior School | 5.57 |  |  |  |  |  |  |
|  | 15 | 66 | James Longsdale | Worksop Harriers | 6.01 |  |  |  |  |  |  |
|  | 16 | 97 | Lewis Hill | Newark AC | 6.07 |  |  |  |  |  |  |
|  | 17 | 77 | George Morel | St Peter's C of E | 6.09 |  |  |  |  |  |  |
|  | 18 | 86 | Tom Powell | Abbey Gates Primary | 6.10 |  |  |  |  |  |  |
|  | 19 | 69 | James Davidson | Worksop Harriers | 6.12 |  |  |  |  |  |  |
|  | 20 | 67 | Jack Sanders | Worksop Harriers | 6.14 |  |  |  |  |  |  |
|  | 21 | 81 | Morgan Remnant | St Peter's C of E | 6.17 |  |  |  |  |  |  |
|  | 22 | 65 | Daniel Appleby | Worksop Harriers | 6.19 |  |  |  |  |  |  |
|  | 23 | 59 | Evan Wilson | Notts AC | 6.20 |  |  |  |  |  |  |
|  | 24 | 103 | Sam Wilson | Carnarvon Primary | 6.20 |  |  |  |  |  |  |
|  | 25 | 54 | Owen Hodson | Sutton H & AC | 6.24 |  |  |  |  |  |  |
|  | 26 | 76 | Thomas Rudman | St Peter's C of E | 6.27 |  |  |  |  |  |  |
|  | 27 | 70 | James Ellis | Worksop Harriers | 6.28 |  |  |  |  |  |  |
|  | 28 | 47 | Benedict Harwood | Nottingham High School | 6.33 |  |  |  |  |  |  |
|  | 29 | 52 | Quinn Bailey | Sutton H & AC | 6.35 |  |  |  |  |  |  |
|  | 30 | 72 | Jake Bonsall | Sherwood Junior School | 6.40 |  |  |  |  |  |  |
|  | 31 | 101 | Henry Biggs | Rushcliffe AC | 6.42 |  |  |  |  |  |  |
|  | 32 | 79 | Sam O'Hagan | St Peter's C of E | 6.49 |  |  |  |  |  |  |
|  | 33 | 64 | Mathew Wright | Notts AC | 6.50 |  |  |  |  |  |  |
|  | 34 | 58 | Jake Collins | Sutton H & AC | 6.55 |  |  |  |  |  |  |
|  | 35 | 68 | Michael Parker | Worksop Harriers | 6.57 |  |  |  |  |  |  |
|  | 36 | 55 | Thomas Shaw | Sutton H & AC | 7.53 |  |  |  |  |  |  |
|  | 37 | 100 | Luke Silver | Mansfield Harriers | 7.54 |  |  |  |  |  |  |
|  | 38 | 57 | Callum Ball | Sutton H & AC | 7.56 |  |  |  |  |  |  |
|  | 39 | 89 | Luke Farrell | Abbey Gates Primary | 8.18 |  |  |  |  |  |  |
|  | 40 | 88 | Ben Smith | Abbey Gates Primary | 8.57 |  |  |  |  |  |  |
|  | 41 | 90 | Joe Kibble | Abbey Gates Primary | 8.59 |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |
|  | **Race 3** | | **U17 Men  6000mts** |  |  |  |  |  | **Teams** | | |
|  |  |  |  |  |  |  |  |  |  | | |
|  |  |  |  |  |  |  |  |  |  |  |  |
|  | *O/Pos* | *No.* | *Name* | *Club* | *Time* |  |  |  | *Pos* | *Club* | *Pts* |
|  | 1 | 114 | Ben Norris | Notts AC | 19.43 |  | 1 |  | **1** | Notts AC | 6 |
|  | 2 | 115 | Blayne Pick | Notts AC | 20.39 |  |  |  |  |  |  |
|  | 3 | 112 | Paul Thompson | Notts AC | 20.53 |  | 2 |  | **2** | Mansfield Harriers | 22 |
|  | 4 | 111 | Tom Collins | Notts AC | 21.33 |  |  |  |  |  |  |
|  | 5 | 120 | Daniel Winter | Mansfield Harriers | 22.25 |  | 3 |  |  |  |  |
|  | 6 | 106 | James Taylor | Nottingham High School | 22.26 |  |  |  |  |  |  |
|  | 7 | 121 | Richie Talbot | Mansfield Harriers | 22.27 |  | 4 |  |  |  |  |
|  | 8 | 125 | Mark Boot | Long Eaton RC | 23.08 |  |  |  |  |  |  |
|  | 9 | 107 | Sachn Vindla | Nottingham High School | 24.54 |  | 5 |  |  |  |  |
|  | 10 | 119 | Jack Longstaff | Mansfield Harriers | 25.03 |  |  |  |  |  |  |
|  | 11 | 122 | Daniel Ward | Mansfield Harriers | 25.45 |  | 6 |  |  |  |  |
|  | 12 | 118 | James Bellingham | Mansfield Harriers | 26.14 |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |
|  | **Race 4** | | **U13 Girls  3000mts** |  |  |  |  |  | **Teams** | | |
|  |  |  |  |  |  |  |  |  |  | | |
|  |  |  |  |  |  |  |  |  |  | | |
|  | *O/Pos* | *No.* | *Name* | *Club* | *Time* |  |  |  | *Pos* | *Club* | *Pts* |
|  | 1 | 448 | Bo Haywood | Lincoln Wellington | 11.55 |  | 1 |  | **1** | Mansfield Harriers | 12 |
|  | 2 | 451 | Alice Murfitt | Unattached | 11.57 |  |  |  |  |  |  |
|  | 3 | 435 | Chevelle Baxter | Mansfield Harriers | 11.58 |  | 2 |  | **2** | Mansfield Harriers | 28 |
|  | 4 | 443 | Caelidh Ross | Mansfield Harriers | 12.11 |  |  |  |  |  |  |
|  | 5 | 434 | Molly Johnson | Mansfield Harriers | 12.21 |  | 3 |  | **3** | Mansfield Harriers | 43 |
|  | 6 | 447 | Alice Desforges | Rushcliffe AC | 12.24 |  |  |  |  |  |  |
|  | 7 | 441 | Clair Norris | Mansfield Harriers | 12.43 |  | 4 |  |  |  |  |
|  | 8 | 449 | Susannah McMillan | Unattached | 12.58 |  |  |  |  |  |  |
|  | 9 | 445 | Ellie Saxton | Mansfield Harriers | 13.01 |  | 5 |  |  |  |  |
|  | 10 | 421 | Bethany Scotney | Newark AC | 13.14 |  |  |  |  |  |  |
|  | 11 | 426 | India Hasnip | Notts AC | 13.16 |  | 6 |  |  |  |  |
|  | 12 | 433 | Robyn Foster | Mansfield Harriers | 13.17 |  |  |  |  |  |  |
|  | 13 | 431 | Harriet Codd | Mansfield Harriers | 13.23 |  | 7 |  |  |  |  |
|  | 14 | 438 | Tamsin Smith | Mansfield Harriers | 13.25 |  |  |  |  |  |  |
|  | 15 | 425 | Daisy Reed | Notts AC | 13.27 |  | 8 |  |  |  |  |
|  | 16 | 440 | Amelia Mitchell | Mansfield Harriers | 13.48 |  |  |  |  |  |  |
|  | 17 | 428 | Saskia Roberts | Notts AC | 13.48 |  |  |  |  |  |  |
|  | 18 | 436 | Abigail D'Aguiar | Mansfield Harriers | 13.54 |  |  |  |  |  |  |
|  | 19 | 419 | Charlotte Peach | Newark AC | 13.56 |  |  |  |  |  |  |
|  | 20 | 444 | Hazel Blount | Mansfield Harriers | 14.09 |  |  |  |  |  |  |
|  | 21 | 442 | Rachel Norris | Mansfield Harriers | 14.14 |  |  |  |  |  |  |
|  | 22 | 439 | Holly Smith | Mansfield Harriers | 14.23 |  |  |  |  |  |  |
|  | 23 | 417 | Libby Carrington | Newark AC | 14.26 |  |  |  |  |  |  |
|  | 24 | 415 | Anna Hall | Worksop Harriers | 14.42 |  |  |  |  |  |  |
|  | 25 | 411 | Florin Bailey | Sutton H &AC | 14.49 |  |  |  |  |  |  |
|  | 26 | 429 | Laura Wade | Mansfield Harriers | 14.58 |  |  |  |  |  |  |
|  | 27 | 430 | Sophie Harrison | Mansfield Harriers | 15.17 |  |  |  |  |  |  |
|  | 28 | 427 | Jenny Robbins | Notts AC | 16.40 |  |  |  |  |  |  |
|  | 29 | 416 | Bethany Platford | Worksop Harriers | 18.30 |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |
|  | **Race 5** | | **U13 Boys  3000mts** |  |  |  |  |  | **Teams** | | |
|  |  |  |  |  |  |  |  |  |  | | |
|  |  |  |  |  |  |  |  |  |  |  |  |
|  | *O/Pos* | *No.* | *Name* | *Club* | *Time* |  |  |  | *Pos* | *Club* | *Pts* |
|  | 1 | 224 | Sam Johnson | Mansfield Harriers | 11.25 |  | 1 |  | **1** | Mansfield Harriers | 13 |
|  | 2 | 217 | James Shaw | Sutton H & AC | 11.18 |  |  |  |  |  |  |
|  | 3 | 240 | Paddy Clark | Notts AC | 11.40 |  | 2 |  | **2** | Sutton H & AC | 17 |
|  | 4 | 226 | Bailey Wardle | Mansfield Harriers | 11.48 |  |  |  |  |  |  |
|  | 5 | 216 | Jake Lacey | Sutton H & AC | 12.00 |  | 3 |  | **3** | Notts AC | 21 |
|  | 6 | 239 | Benjamin Collins | Notts AC | 12.06 |  |  |  |  |  |  |
|  | 7 | 237 | Chris Sanger | Newark AC | 12.08 |  | 4 |  |  |  |  |
|  | 8 | 225 | David Wikinson | Mansfield Harriers | 12.10 |  |  |  |  |  |  |
|  | 9 | 227 | Lewis Ashmore | Mansfield Harriers | 12.23 |  | 5 |  |  |  |  |
|  | 10 | 219 | Thomas Wells | Sutton H & AC | 12.26 |  |  |  |  |  |  |
|  | 11 | 228 | George King | Mansfield Harriers | 12.39 |  | 6 |  |  |  |  |
|  | 12 | 238 | Ben Barsby | Notts AC | 12.53 |  |  |  |  |  |  |
|  | 13 | 220 | Jack Harrop | Worksop Harriers | 13.18 |  | 7 |  |  |  |  |
|  | 14 | 232 | James O' Mara | Mansfield Harriers | 13.21 |  |  |  |  |  |  |
|  | 15 | 245 | Joseph Williams | Notts AC | 13.25 |  | 8 |  |  |  |  |
|  | 16 | 229 | Joseph Day | Mansfield Harriers | 13.29 |  |  |  |  |  |  |
|  | 17 | 244 | Sam Pitts | Notts AC | 13.34 |  |  |  |  |  |  |
|  | 18 | 236 | John Jessop | Newark AC | 13.40 |  |  |  |  |  |  |
|  | 19 | 242 | Jack Lord | Notts AC | 13.43 |  |  |  |  |  |  |
|  | 20 | 230 | James Mackintosh | Mansfield Harriers | 13.51 |  |  |  |  |  |  |
|  | 21 | 243 | Andrew McCarthy | Notts AC | 13.55 |  |  |  |  |  |  |
|  | 22 | 221 | James Fleeman | Worksop Harriers | 13.56 |  |  |  |  |  |  |
|  | 23 | 218 | Jack Rathbone | Sutton H & AC | 14.12 |  |  |  |  |  |  |
|  | 24 | 231 | Jack Foster | Mansfield Harriers | 14.27 |  |  |  |  |  |  |
|  | 25 | 223 | Ben Twible | Worksop Harriers | 15.09 |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |
|  | **Race 6** | | **U20/Senior/Vet Men** | **10,000mts** |  |  |  |  | **Teams** | | |
|  |  |  |  |  |  |  |  |  |  | | |
| *O/Pos* | *Age* | *Age Pos* | *Name* | *Club* | *Time* | *Team &* |  |  |  | **Senior** |  |
| *T Pos* |  |  | *Pos* | *Club* | *Pts* |
| 1 | Snr | 1 | Bruce Raeside | Notts AC | 28.21 | Snr1 | 1 |  | **1** | Mansfield Harriers | 36 |
| 2 | Snr | 2 | Alan Buckley | Leeds City AC | 28.24 | Snr2 |  |  |  |  |  |
| 3 | Snr | 3 | Luke Cragg | Mansfield Harriers | 28.42 | Snr3 | 2 |  | **2** | Notts AC | 131 |
| 4 | Snr | 4 | Steve Lisgo | Mansfield Harriers | 29.46 | Snr4 |  |  |  |  |  |
| 5 | U20M | 1 | James Mee | Mansfield Harriers | 30.26 | Snr5 | 3 |  | **3** | Redhill RR | 155 |
| 6 | Snr | 5 | Rob Keal | Notts AC | 30.41 | Snr6 |  |  |  |  |  |
| 7 | Snr | 6 | Stuart King | Mansfield Harriers | 30.42 | Snr7 | 4 |  |  |  |  |
| 8 | Snr | 7 | Daniel Barkes | Mansfield Harriers | 31.05 | Snr8 |  |  |  |  |  |
| 9 | U20M | 2 | Daniel Heathcote | Mansfield Harriers | 31.09 | Snr9 | 5 |  |  |  |  |
| 10 | 50-59 | 1 | Andy Wetherill | Redhill RR | 31.41 | Vet1 |  |  |  |  |  |
| 11 | U20M | 3 | Chris McGurk | Notts AC | 31.54 | Snr10 | 6 |  |  |  |  |
| 12 | Snr | 8 | Woijech Gajny | Notts AC | 31.55 | Snr11 |  |  |  |  |  |
| 13 | Snr | 9 | Paul Lewis | Long Eaton RC | 32.03 | Snr12 | 7 |  |  |  |  |
| 14 | Snr | 10 | Chris Brown Monk | Mansfield Harriers | 32.18 | Snr13 |  |  |  |  |  |
| 15 | Snr | 11 | Lee Stubbs | Redhill RR | 32.31 | Snr14 | 8 |  |  |  |  |
| 16 | 40-49 | 1 | Paul Newton | Redhill RR | 32.42 | Vet2 |  |  |  |  |  |
| 17 | U20M | 4 | Chris Dale | Mansfield Harriers | 32.46 | Snr15 |  |  |  |  |  |
| 18 | Snr | 12 | Mike Benford | Notts AC | 32.46 | Snr16 |  |  |  |  |  |
| 19 | Snr | 13 | Richard Darling | Notts AC | 32.55 | Snr17 |  |  |  |  |  |
| 20 | Snr | 14 | Matt Stratford | Redhill RR | 33.10 | Snr18 |  |  |  |  |  |
| 21 | Snr | 15 | Kevin Hope | Notts AC | 33.34 | Snr19 |  |  |  | **Veterans** |  |
| 22 | Snr | 16 | Martyn Gibbons | Notts AC | 33.36 | Snr20 |  |  | *Pos* | *Club* | *Pts* |
| 23 | U20M | 5 | Andrew Warburton | Notts AC | 33.40 | Snr21 | 1 |  | **1** | Redhill RR | 14 |
| 24 | 40-49 | 2 | Mark Yates | Redhill RR | 33.42 | Vet3 |  |  |  |  |  |
| 25 | 40-49 | 3 | Paul Archer | Notts AC | 34.06 | Snr22 | 2 |  | **2** | Sutton H & AC | 31 |
| 26 | 50-59 | 2 | John Hewitt | Worksop Harriers | 34.27 | Snr23 |  |  |  |  |  |
| 27 | 40-49 | 4 | Paul Whittingham | Sutton H & AC | 34.30 | Vet4 | 3 |  |  |  |  |
| 28 | U20M | 6 | Scott Rischer | Notts AC | 34.32 | Snr24 |  |  |  |  |  |
| 29 | 40-49 | 5 | Dave Brazener | Notts AC | 34.37 | Snr25 | 4 |  |  |  |  |
| 30 | Snr | 17 | Mark Davies | Redhill RR | 34.38 | Snr26 |  |  |  |  |  |
| 31 | Snr | 18 | Howark Leek | Newark AC | 34.39 | Snr27 | 5 |  |  |  |  |
| 32 | Snr | 19 | Mike Romanienko | Notts AC | 34.44 | Snr28 |  |  |  |  |  |
| 33 | 50-59 | 3 | Howard Partridge | Holme Pierrepont RC | 34.49 | Vet5 | 6 |  |  |  |  |
| 34 | 40-49 | 6 | Rob Smith | Mansfield Harriers | 34.57 | Vet6 |  |  |  |  |  |
| 35 | Snr | 20 | Richard Belton | Notts AC | 34.59 | Snr29 | 7 |  |  |  |  |
| 36 | 40-49 | 7 | Nick Luke | Sutton H & AC | 35.00 | Vet7 |  |  |  |  |  |
| 37 | 40-49 | 8 | Clive Greyson | Redhill RR | 35.02 | Snr30 | 8 |  |  |  |  |
| 38 | Snr | 21 | Gareth Watson | Long Eaton RC | 35.07 | Snr31 |  |  |  |  |  |
| 39 | 40-49 | 9 | Simon Nash | Redhill RR | 35.23 | Vet8 | 9 |  |  |  |  |
| 40 | 50-59 | 4 | David Oxland | Notts AC | 35.35 | Snr32 |  |  |  |  |  |
| 41 | Snr | 22 | Ian Abbott | Redhill RR | 35.38 | Snr33 |  |  |  |  |  |
| 42 | 40-49 | 10 | Martyn McHale | Redhill RR | 36.00 | Snr34 |  |  |  |  |  |
| 43 | Snr | 23 | Matthew Nutt | Formula One | 36.11 | Snr35 |  |  |  |  |  |
| 44 | 50-59 | 5 | Stan Pascoe | Redhill RR | 36.14 | Snr36 | 1 |  |  |  |  |
| 45 | Snr | 24 | Jamie Hutchinson | Notts AC | 36.23 | Snr37 |  |  |  |  |  |
| 46 | 40-49 | 11 | Richard Hall | Unattached | 36.37 | Snr38 | 2 |  |  |  |  |
| 47 | 40-49 | 12 | Robert Roper | Worksop Harriers | 36.41 | Snr39 |  |  |  |  |  |
| 48 | Snr | 25 | Tim Doughty | Worksop Harriers | 36.59 | Snr40 | 3 |  |  |  |  |
| 49 | 50-59 | 6 | Keith Brown | Sutton H & AC | 37.16 | Vet9 |  |  |  |  |  |
| 50 | Snr | 26 | Grant Saxton | Mansfield Harriers | 37.26 | Snr41 | 4 |  |  |  |  |
| 51 | 40-49 | 13 | Nick Evans | Notts AC | 37.28 | Snr42 |  |  |  |  |  |
| 52 | Snr | 27 | John Wood | Mansfield Harriers | 37.30 | Snr43 | 5 |  |  |  |  |
| 53 | U20M | 7 | Steven Kerr | Sutton H & AC | 37.33 | Snr44 |  |  |  |  |  |
| 54 | 40-49 | 14 | Dave Walsh | Redhill RR | 37.34 | Snr45 | 6 |  |  |  |  |
| 55 | Snr | 28 | Matt Hensley | Redhill RR | 37.36 | Snr46 |  |  |  |  |  |
| 56 | 50-59 | 7 | Terry Ashmore | Mansfield Harriers | 37.45 | Snr47 | 7 |  |  |  |  |
| 57 | 40-49 | 15 | Trevor Hiscox | Mansfield Harriers | 38.03 | Vet10 |  |  |  |  |  |
| 58 | 40-49 | 16 | David Havenhand | Worksop Harriers | 38.07 | Snr48 | 8 |  |  |  |  |
| 59 | 40-49 | 17 | Mark Tomlinson | Redhill RR | 38.22 | Snr49 |  |  |  |  |  |
| 60 | 40-49 | 18 | Brian Bailey | Sutton H & AC | 38.24 | Vet11 |  |  |  |  |  |
| 61 | Snr | 29 | Adam Combie | Newark AC | 38.26 | Snr50 |  |  |  |  |  |
| 62 | 40-49 | 19 | Alan Maplethorpe | Long Eaton RC | 38.27 | Snr51 |  |  |  |  |  |
| 63 | 40-49 | 20 | Rob Jackson | Long Eaton RC | 38.34 | Snr52 |  |  |  |  |  |
| 64 | 50-59 | 8 | Clive Russell | Mansfield Harriers | 38.38 | Vet12 |  |  |  |  |  |
| 65 | 40-49 | 21 | Graeme Wilkinson | Mansfield Harriers | 38.47 | Snr53 |  |  |  |  |  |
| 66 | 50-59 | 9 | Michael Lucking | ErewashValley | 38.48 | Snr54 |  |  |  |  |  |
| 67 | Snr | 30 | Alex Combie | Newark AC | 38.53 | Snr55 |  |  |  |  |  |
| 68 | 40-49 | 22 | Carl Braithwaite | Newark AC | 38.55 | Snr56 |  |  |  |  |  |
| 69 | 60+ | 1 | Keith Hopkinson | Worksop Harriers | 39.07 | Snr57 |  |  |  |  |  |
| 70 | 60+ | 2 | Jim Munroe | Redhill RR | 39.10 | Snr58 |  |  |  |  |  |
| 71 | Snr | 31 | Scott Bennett | ErewashValley | 39.35 | Snr59 |  |  |  |  |  |
| 72 | 40-49 | 23 | John Harrison | Worksop Harriers | 39.38 | Snr60 |  |  |  |  |  |
| 73 | 50-59 | 10 | Neil Devonport | Holme Pierrepont RC | 39.40 | Vet13 |  |  |  |  |  |
| 74 | 40-49 | 24 | Mark Robinson | Holme Pierrepont RC | 39.42 | Vet14 |  |  |  |  |  |
| 75 | 50-59 | 11 | Stephen Wickham | ErewashValley | 39.46 | Snr61 |  |  |  |  |  |
| 76 | 40-49 | 25 | Michael Barnes | Newark AC | 39.47 | Snr62 |  |  |  |  |  |
| 77 | 40-49 | 26 | Brian Jobe | Long Eaton RC | 39.49 | Snr63 |  |  |  |  |  |
| 78 | 40-49 | 27 | Phil Walters | Long Eaton RC | 39.50 | Snr64 |  |  |  |  |  |
| 79 | 40-49 | 28 | Richard Peach | Newark AC | 40.07 | Snr65 |  |  |  |  |  |
| 80 | 40-49 | 29 | Clive Allison | Long Eaton RC | 40.32 | Snr66 |  |  |  |  |  |
| 81 | Snr | 32 | Mark Finch | Notts AC | 40.53 | Snr67 |  |  |  |  |  |
| 82 | 40-49 | 30 | Ian Golledge | Notts AC | 41.00 | Snr68 |  |  |  |  |  |
| 83 | 40-49 | 31 | Julian Wood | Mansfield Harriers | 41.01 | Snr69 |  |  |  |  |  |
| 84 | 40-49 | 32 | Tim Wright | ErewashValley | 41.10 | Snr70 |  |  |  |  |  |
| 85 | 40-49 | 33 | Chris Rischer | Notts AC | 41.12 | Snr71 |  |  |  |  |  |
| 86 | Snr | 33 | Timothy Bagguley | Newark AC | 41.25 | Snr72 |  |  |  |  |  |
| 87 | 40-49 | 34 | Robert Orgill | Newark AC | 41.28 | Snr73 |  |  |  |  |  |
| 88 | 40-49 | 35 | Steve Gelderd | Redhill RR | 41.43 | Vet15 |  |  |  |  |  |
| 89 | Snr | 34 | Jason Foster | Mansfield Harriers | 42.16 | Snr74 |  |  |  |  |  |
| 90 | 60+ | 3 | Ken Allen | Notts AC | 42.19 | Snr75 |  |  |  |  |  |
| 91 | 50-59 | 12 | Steve Wragg | Mansfield Harriers | 42.32 | Snr76 |  |  |  |  |  |
| 92 | 50-59 | 13 | Colin Bostock | Long Eaton RC | 42.41 | Snr77 |  |  |  |  |  |
| 93 | 40-49 | 36 | Philip Harrop | Worksop Harriers | 43.36 | Snr78 |  |  |  |  |  |
| 94 | Snr | 35 | Geoff Gorringe | Worksop Harriers | 43.50 | Snr79 |  |  |  |  |  |
| 95 | 50-59 | 14 | Mick Robinson | Notts AC | 44.07 | Snr80 |  |  |  |  |  |
| 96 | Snr | 36 | John Combie | Newark AC | 44.11 | Snr81 |  |  |  |  |  |
| 97 | Snr | 37 | David Robertson | Mansfield Harriers | 44.52 | Snr82 |  |  |  |  |  |
| 98 | 40-49 | 37 | Jim Kelly | Worksop Harriers | 46.38 | Snr83 |  |  |  |  |  |
| 99 | 50-59 | 15 | Nigel Starr | ErewashValley | 47.09 | Snr84 |  |  |  |  |  |
| 100 | 40-49 | 38 | Alan Smith | Mansfield Harriers | 48.12 | Snr85 |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |
|  | **Race 7** | | **Senior/Vet Women** | **8000mts** |  |  |  |  | **Teams** | | |
|  |  |  |  |  |  |  |  |  |  | | |
| *O/Pos* | *Age* | *Age Pos* | *Name* | *Club* | *Time* | *Team &* |  |  |  | **Senior** |  |
| *T Pos* |  |  | *Pos* | *Club* | *Pts* |
| 1 | Snr | 1 | Jane Potter | Charnwood AC | 28.54 | Snr1 | 1 |  | **1** | Charnwood AC | 6 |
| 2 | Snr | 2 | Juliet Doyle | Charnwood AC | 28.58 | Snr2 |  |  |  |  |  |
| 3 | Snr | 3 | Sarah Maude | Charnwood AC | 30.05 | Snr3 | 2 |  | **2** | Sutton H & AC | 21 |
| 4 | 35-44 | 1 | ClaireWoolis | Sutton H & AC | 30.40 | Snr4 |  |  |  |  |  |
| 5 | 35-44 | 2 | Sharon Smith | Redhill RR | 32.03 | Snr5 | 3 |  | **3** | Redhill RR | 22 |
| 6 | 35-44 | 3 | Carolyn Hay | Redhill RR | 32.16 | Snr6 |  |  |  |  |  |
| 7 | 45-54 | 1 | Helen Burrell | Redhill RR | 32.37 | Vet1 |  |  |  |  |  |
| 8 | Snr | 4 | Hannah Mulcaster | Sutton H & AC | 32.45 | Snr7 |  |  |  |  |  |
| 9 | Snr | 5 | Natalie Yates | Mansfield Harriers | 33.19 | Snr8 |  |  |  |  |  |
| 10 | 35-44 | 4 | Michelle Hooton | Notts AC | 34.17 | Vet2 |  |  |  |  |  |
| 11 | 35-44 | 5 | Rachel McCuaig | Newark AC | 35.04 | Snr9 |  |  |  |  |  |
| 12 | 35-44 | 6 | Fiona Palmer | Notts AC | 35.05 | Vet3 |  |  |  |  |  |
| 13 | Snr | 6 | Gillian Adams | Sutton H & AC | 35.14 | Snr10 |  |  |  | **Veterans** |  |
| 14 | Snr | 7 | Elsie Roberts | Redhill RR | 35.31 | Snr11 |  |  | *Pos* | *Club* | *Pts* |
| 15 | Snr | 8 | Catherine Charlton | Redhill RR | 35.34 | Snr12 | 1 |  | **1** | Notts AC | 9 |
| 16 | Snr | 9 | Beth Hird | Formula One | 36.10 | Snr13 |  |  |  |  |  |
| 17 | 45-54 | 2 | Julie Lambourne | Notts AC | 36.22 | Vet4 | 2 |  | **2** | Redhill RR | 16 |
| 18 | 35-44 | 7 | Tracey Hallam | Notts AC | 36.27 | Vet5 |  |  |  |  |  |
| 19 | 55+ | 1 | Ann Ford | Redhill RR | 36.35 | Vet6 | 3 |  | **3** | Holme Pierrepont | 25 |
| 20 | Snr | 10 | Ann Kitchen | Newark AC | 37.08 | Snr14 |  |  |  |  |  |
| 21 | Snr | 11 | Sarah Vernau | Formula One | 37.12 | Snr15 |  |  |  |  |  |
| 22 | 45-54 | 3 | Amanda Hardy | Mansfield Harriers | 37.23 | Snr16 |  |  |  |  |  |
| 23 | 45-54 | 4 | Kate Else | Newark AC | 37.53 | Snr17 |  |  |  |  |  |
| 24 | 35-44 | 8 | CarolineWaterhouse | Long Eaton RC | 37.57 | Snr18 |  |  |  |  |  |
| 25 | 45-54 | 5 | Dorothy Michalak | Holme Pierrepont | 38.17 | Vet7 |  |  |  |  |  |
| 26 | 45-54 | 6 | Alison Thurman | Sutton H & AC | 38.27 | Snr19 |  |  |  |  |  |
| 27 | 45-54 | 7 | Mary Mills | Holme Pierrepont | 38.34 | Vet8 |  |  |  |  |  |
| 28 | 35-44 | 9 | Sarah Parker | Redhill RR | 38.39 | Vet9 |  |  |  |  |  |
| 29 | 45-54 | 8 | Jackie Mather | Long Eaton RC | 38.47 | Snr20 |  |  |  |  |  |
| 30 | Snr | 12 | Jodie Sibert | Sutton H & AC | 38.40 | Snr21 |  |  |  |  |  |
| 31 | 35-44 | 10 | Claire Coombes | Mansfield Harriers | 38.55 | Snr22 |  |  |  |  |  |
| 32 | 45-54 | 9 | Susan Day | Mansfield Harriers | 39.01 | Snr23 |  |  |  |  |  |
| 33 | 45-54 | 10 | Julie McGeorge | Holme Pierrepont | 39.05 | Vet10 |  |  |  |  |  |
| 34 | 35-44 | 11 | Annette Trindell | Long Eaton RC | 39.34 | Snr24 |  |  |  |  |  |
| 35 | 45-54 | 11 | Jean Inglis | Holme Pierrepont | 39.40 | Vet11 |  |  |  |  |  |
| 36 | Snr | 13 | Holly Ward | Newark AC | 40.04 | Snr25 |  |  |  |  |  |
| 37 | 35-44 | 12 | Lorraine Butterfield | Holme Pierrepont | 40.16 | Vet12 |  |  |  |  |  |
| 38 | 35-44 | 13 | Carol Lonsdale | Worksop Harriers | 40.19 | Snr26 |  |  |  |  |  |
| 39 | 45-54 | 12 | Tina Green | Mansfield Harriers | 40.21 | Snr27 |  |  |  |  |  |
| 40 | 35-44 | 14 | Julie Bonser | Worksop Harriers | 40.24 | Snr28 |  |  |  |  |  |
| 41 | 45-54 | 13 | Sue Bellingham | Mansfield Harriers | 40.43 | Snr29 |  |  |  |  |  |
| 42 | 45-54 | 14 | Ann Brown | Mansfield Harriers | 41.08 | Snr30 |  |  |  |  |  |
| 43 | 55+ | 2 | Lesley Cliff | Holme Pierrepont | 41.39 | Vet13 |  |  |  |  |  |
| 44 | 55+ | 3 | Sandy Poole | Holme Pierrepont | 44.57 | Vet14 |  |  |  |  |  |
| 45 | 55+ | 4 | Christine Stimpson | Worksop Harriers | 45.04 | Snr31 |  |  |  |  |  |
| 46 | 55+ | 5 | Patricia Allen | Notts AC | 45.13 | Vet15 |  |  |  |  |  |
| 47 | Snr | 14 | Alwen Veroots | Holme Pierrepont | 47.08 | Snr32 |  |  |  |  |  |
| 48 | 45-54 | 15 | Joanne Baker | Rushcliffe AC | 48.44 | Snr33 |  |  |  |  |  |
| 49 | Snr | 15 | Laura Boultby | Notts AC | 48.52 | Snr34 |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |
|  | **Race 8** | | **U17/20 Women** | **5000mts** |  |  |  |  | **Teams** | | |
|  |  |  |  |  |  |  |  |  |  |  |  |
| *O/Pos* | *Age* | *Age Pos* | *Name* | *Club* | *Time* |  |  |  |  | **U17/20W** |  |
|  |  |  | *Pos* | *Club* | *Pts* |
| 1 | U20W | 1 | Blue Haywood | Lincoln Wellington | 16.26 |  | 1 |  | **1** | Mansfield Harriers | 9 |
| 2 | U17W | 1 | Hannah Wragg | Mansfield Harriers | 17.32 |  |  |  |  |  |  |
| 3 | U20W | 2 | Nikita Pembleton | Mansfield Harriers | 18.26 |  | 2 |  | **2** | Mansfield Harriers | 22 |
| 4 | U20W | 3 | Lucy Smith | Mansfield Harriers | 18.30 |  |  |  |  |  |  |
| 5 | U17W | 2 | Georgia Milton | Mansfield Harriers | 18.38 |  | 3 |  | **3** | Notts AC | 23 |
| 6 | U17W | 3 | Jenny Evans | Notts AC | 18.52 |  |  |  |  |  |  |
| 7 | U17W | 4 | Imogen Scott | Notts AC | 18.54 |  | 4 |  |  |  |  |
| 8 | U17W | 5 | Laura Brown | Mansfield Harriers | 19.03 |  |  |  |  |  |  |
| 9 | U20W | 4 | Jodie Bestwick | Mansfield Harriers | 19.09 |  |  |  |  |  |  |
| 10 | U17W | 6 | Kristi Clark | Notts AC | 19.18 |  | 1 |  |  |  |  |
| 11 | U17W | 7 | Emma Wilkinson | Mansfield Harriers | 19.52 |  |  |  |  |  |  |
| 12 | U17W | 8 | Kate Raynor | Mansfield Harriers | 20.07 |  | 2 |  |  |  |  |
| 13 | U20W | 5 | Daisy Bough | Mansfield Harriers | 20.14 |  |  |  |  |  |  |
| 14 | U17W | 9 | Safia Zerdazi | Rushcliffe AC | 20.29 |  | 3 |  |  |  |  |
| 15 | U17W | 10 | Gina Radford | Mansfield Harriers | 21.32 |  |  |  |  |  |  |
| 16 | U17W | 11 | Charolle Saunders | Notts AC | 21.34 |  | 4 |  |  |  |  |
| 17 | U17W | 12 | Charlotte Hewitt | Worksop Harriers | 23.33 |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |
|  | **Race 9** | | **U15 Girls  4000mts** |  |  |  |  |  | **Teams** | | |
|  |  |  |  |  |  |  |  |  |  | | |
|  |  |  |  |  |  |  |  |  |  |  |  |
|  | *O/Pos* | *No.* | *Name* | *Club* | *Time* |  |  |  | *Pos* | *Club* | *Pts* |
|  | 1 | 514 | Codie Marsh | Rotherham Harriers | 15.55 |  | 1 |  | **1** | Mansfield Harriers | 11 |
|  | 2 | 491 | Rachel Brandham | Mansfield Harriers | 16.18 |  |  |  |  |  |  |
|  | 3 | 500 | Claire Talbot | Mansfield Harriers | 16.27 |  | 2 |  | **2** | Mansfield Harriers | 28 |
|  | 4 | 513 | Catherine Ross | Amber Valley | 16.52 |  |  |  |  |  |  |
|  | 5 | 512 | Sophie Coldwell | Charnwood AC | 16.57 |  | 3 |  | **3** | Sutton H &AC | 51 |
|  | 6 | 498 | Haley Silver | Mansfield Harriers | 17.38 |  |  |  |  |  |  |
|  | 7 | 494 | Hannah Hardy | Mansfield Harriers | 17.42 |  | 4 |  |  |  |  |
|  | 8 | 510 | Hannah Robinson | Rushcliffe AC | 18.00 |  |  |  |  |  |  |
|  | 9 | 482 | Danielle Ceney | Sutton H &AC | 18.22 |  | 5 |  |  |  |  |
|  | 10 | 492 | Emily D' Aguiar | Mansfield Harriers | 18.24 |  |  |  |  |  |  |
|  | 11 | 495 | Alice Mortiboy | Mansfield Harriers | 18.27 |  | 6 |  |  |  |  |
|  | 12 | 484 | Emma Jessop | Newark AC | 18.44 |  |  |  |  |  |  |
|  | 13 | 481 | Annie Ratcliffe | Sutton H &AC | 18.46 |  | 7 |  |  |  |  |
|  | 14 | 511 | Billie Turner | Rushcliffe AC | 18.52 |  |  |  |  |  |  |
|  | 15 | 501 | Alice Keogh | Mansfield Harriers | 19.04 |  |  |  |  |  |  |
|  | 16 | 507 | Emily Appleby | Worksop Harriers | 19.23 |  |  |  |  |  |  |
|  | 17 | 499 | Jessica Smith | Mansfield Harriers | 19.28 |  |  |  |  |  |  |
|  | 18 | 488 | Hannah Harrison | Mansfield Harriers | 19.43 |  |  |  |  |  |  |
|  | 19 | 486 | Vanessa Hubery | Newark AC | 19.44 |  |  |  |  |  |  |
|  | 20 | 432 | Eleanor Winning | Mansfield Harriers | 19.44 |  |  |  |  |  |  |
|  | 21 | 503 | Ella Dermott-Banahan | Notts AC | 19.50 |  |  |  |  |  |  |
|  | 22 | 504 | Grace Foster | Notts AC | 20.05 |  |  |  |  |  |  |
|  | 23 | 489 | Keira Abbott | Mansfield Harriers | 20.12 |  |  |  |  |  |  |
|  | 24 | 509 | April Ward | Worksop Harriers | 20.33 |  |  |  |  |  |  |
|  | 25 | 496 | Megan Roche | Mansfield Harriers | 21.17 |  |  |  |  |  |  |
|  | 26 | 508 | Stacie Leather | Worksop Harriers | 21.27 |  |  |  |  |  |  |
|  | 27 | 505 | Lauren Rudd | Notts AC | 21.46 |  |  |  |  |  |  |
|  | 28 | 483 | Kelly Steele | Sutton H &AC | 24.31 |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |
|  | **Race 10** | | **U15 Boys  4500mts** |  |  |  |  |  | **Teams** | | |
|  |  |  |  |  |  |  |  |  |  | | |
|  |  |  |  |  |  |  |  |  |  |  |  |
|  | *O/Pos* | *No.* | *Name* | *Club* | *Time* |  |  |  | *Pos* | *Club* | *Pts* |
|  | 1 | 521 | Mark Thompson | Notts AC | 14.54 |  | 1 |  | **1** | Notts AC | 10 |
|  | 2 | 547 | Ryan Saxton | Mansfield Harriers | 15.22 |  |  |  |  |  |  |
|  | 3 | 531 | Robert Needham | Notts AC | 15.35 |  | 2 |  | **2** | Mansfield Harriers | 11 |
|  | 4 | 546 | Ewan Miller | Mansfield Harriers | 16.10 |  |  |  |  |  |  |
|  | 5 | 548 | Tony Wragg | Mansfield Harriers | 16.32 |  | 3 |  | **3** | Mansfield Harriers | 26 |
|  | 6 | 534 | Thomas Williams | Notts AC | 16.53 |  |  |  |  |  |  |
|  | 7 | 544 | William Stone | Mansfield Harriers | 16.55 |  | 4 |  |  |  |  |
|  | 8 | 525 | Harry Foster | Notts AC | 16.57 |  |  |  |  |  |  |
|  | 9 | 543 | Thomas O' Mara | Mansfield Harriers | 17.06 |  | 5 |  |  |  |  |
|  | 10 | 545 | Henry Partridge | Mansfield Harriers | 17.36 |  |  |  |  |  |  |
|  | 11 | 554 | Charlie Howick | 4 Life Tri Club | 17.51 |  | 6 |  |  |  |  |
|  | 12 | 533 | Matt Williams | Notts AC | 18.17 |  |  |  |  |  |  |
|  | 13 | 526 | Lewis Golledge | Notts AC | 18.19 |  | 7 |  |  |  |  |
|  | 14 | 541 | Nathan Johnson-Bark | Newark AC | 18.22 |  |  |  |  |  |  |
|  | 15 | 529 | Robert Keighery | Notts AC | 19.06 |  | 8 |  |  |  |  |
|  | 16 | 553 | Jack Potter | Sutton H & AC | 19.10 |  |  |  |  |  |  |
|  | 17 | 524 | Joe Coleshaw | Notts AC | 19.15 |  |  |  |  |  |  |
|  | 18 | 550 | Christopher Day | Mansfield Harriers | 19.34 |  |  |  |  |  |  |
|  | 19 | 532 | Philip Waring | Notts AC | 20.41 |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |