

**Derbyshire Athletics and
Nottinghamshire A.A.A.**

Cross Country Championships 2024

Permit Numbers CC2023/0995/1014

Under UKA rules



Bulwell Hall Park

Nottingham NG6 8LF

Saturday 6th January 2024

PRESIDENT'S WELCOME

Derbyshire Athletics

On behalf of Derbyshire Athletics welcome to the annual county cross country Championships being hosted at Bulwell Hall by Nottinghamshire AAA.

We hope that all the athletes, young and older, have a successful competition and race. I am sure the runners will encounter an interesting course which should prove to be a challenge to them all. Good luck to all the runners, coaches and parents. Thank you for the support you have already provided for these Championships.

A competition such as this needs many people to organise it and supervise the athletes to try to ensure an enjoyable experience for all concerned. The course markers (from early this morning), parking supervisors, handling the vast list of entries before race day, providing the course maps, the allocation of race numbers, the Officials who administer the number distribution, starting the races on time, recording the finishing order of each race at the end of the race, the timing and recording of times for the runners, the marshals out on the course making sure the runners race the correct course and then the dismantling of the course when everyone has left.

The Results teams who produce the final results for each age-group are an integral part of the organisation of the Championships. The county administrators who organise the selection of athletes for the CAU teams who will compete in the UK Championships at Wollaton Park on 9th March. Not forgetting the presentation teams who distribute the medals for all the medal winners.

For athletes, coaches, Officials (Technical and otherwise), spectators and parents a huge thank you and I hope you all have a pleasant and successful afternoon.

Barry Parker
(Interim President)

Nottinghamshire AAA

I am delighted to welcome you to the 23rd holding of the cross-country championships of Derbyshire and Nottinghamshire at the same venue. I know from my own experiences of running at Bulwell Hall that the course will provide a fair and enjoyable test for all participating athletes.

Events such as these take a great deal of organisation and on behalf of all the athletes, I would like to thank all the Officials and Volunteers who work tirelessly to ensure the smooth running of the championships. This includes the championship entry administrators, course set up team, the parking team, the marshals, the timing team and the results team. It really does take a lot of work and is much appreciated.

Whether you are an athlete, coach, official, parent or spectator, I hope you enjoy your day!

Steve Tupholme (President, Nottinghamshire AAA)

Nottinghamshire and Derbyshire Track and Field Championships 2024

Saturday 11th and Sunday 12th May 2024

Event Information

Please no spiked shoes to be worn when inside the club house when visiting the toilets. No clothing or bags to be left on tables inside the clubhouse. Any damage will cost the counties money in restoration.

Club age group Team Managers/Representatives please collect race numbers at least 60mins prior to the race start time from the Registration Desk in the clubhouse. Numbers may not be given out to individual runners. Course maps will be on display near the registration area.

Competition Rules

- Affiliated individual runners are to wear club/school, County, Area or International vests. Athletes wearing any other vest risk disqualification unless they have the Referee's permission.

Unattached athletes may wear whatever vest they wish. Athletes may only run in track or cross-country races unattached for one year, after which time they must join a club. All team members MUST wear their club vests.

- Nottinghamshire athletes will wear white numbers from 1 –599 and wear their numbers on their fronts only.
- Derbyshire athletes will wear yellow numbers from 600- 999 and will wear their numbers on the front and back.
- Any athlete NOT wearing a number will NOT be allowed to run
- Race numbers must be worn as issued and not to be turned over or altered in any way
- Anyone wearing headphones or using a mobile phone during the race WILL BE DISQUALIFIED.

Team Scoring and Awards: Teams will be scored using the first required number of athletes to finish. In the event of a tie on points, the team whose last scoring member finishes nearest first place shall determine the result. Derbys. Awards first 3 teams in each age group (3 to score except Senior/Masters Women [4 to score irrespective of age group], Masters Men [4 to score irrespective of age group] and Senior Men [5 to score]) Notts. Awards first 3 teams in each age group (3 to score except Senior Men [6 to score] and Masters Men [4 to score] Under 17/20 Women combined team using any combination of runners (3 to score). Masters teams must be declared before the start of the race in the Registration area. Results MAY NOT be displayed due to lack of suitable facilities, however full results will be available on the Derbyshire Athletics and Nottinghamshire AAA websites within 24 hrs or as soon as possible, at www.derbyshireathletics.org.uk or www.nottsaaa.org

Presentations will take place near the Club house area (marked by the 'feather flags') as soon as possible after the results have been confirmed. The presentations will be announced – if you think you are a medallist, please listen for the announcements.

UK CAU Cross Country Championships: Successful athletes will receive an invitation as they finish the race to represent their respective county at the UK CAU Championships at Prestwold Hall, Loughborough on Saturday 9th March. There will be races for ALL age groups, except U11s and Masters at the CAU Champs. Derbyshire teams will be selected only on performances in these Championships. Please note, 'If a Masters athlete finishes in a qualifying position in the joint Senior/Masters race they will be invited to represent Derbyshire as a Senior'. Under 20 athletes may be too old for their Inter-County race (IAAF age groups are used) - the age group is U20 at midnight on 31st Dec 2023. They may be considered for the Senior team. Notts selection for the County team will be based mainly on these Championships. Senior Men and Women the first 6 + 3 at the selector's discretion (9 to run); all other age groups the first 7 +1 at the selector's discretion (8 to run) PLEASE COMPLETE AND RETURN YOUR REPLY SLIPS TO THE OFFICIALS IN THE PRESENTATION AREA DURING THE AFTERNOON. FAILURE TO DO SO MAY RESULT IN THE LOSS OF YOUR COUNTY TEAM PLACE. Refreshments are available from The Club House.

UKA Anti-Doping Rules:

An entrant shall be deemed to have made him/herself/their self, familiar with, and agreed to be bound by the UKA Anti-Doping Rules and to submit to the authority of UK Anti-Doping in the application and enforcement of the Anti-Doping Rules. The UKA Anti-Doping Rules apply to entrants participating in the sport of Athletics, for 12 months from the [date of entry], whether or not the licence holder is a citizen of, or resident in, the UK.

EVENT TIMETABLE:

(Distances have been measured as accurately as possible but remain approximate)

- 1) 11.00am U11 Girls (1,500m) 1 Small

- 2) 11.15am U11 Boys (1,500m) 1 Small

- 3) 11.30am U17 Men (6,000m) 2 Large

- 4) 11.55am Senior/Masters Women (7,500m) 1 Small 2 Large

- 5) 12.05pm U13 Boys (3,000m) 2 Small

- 6) 12.35pm U20/Senior/Masters Men (9,900m) 1 Small 3 Large

- 7) 12.45pm U13 Girls (3,000m) 2 Small

- 8) 1.30pm U17 & U 20 Women (4,600m) 1 Small, 1 Large

- 9) 2.00pm U15 Girls (4,200m) 2 Medium

- 10) 2.20pm U15 Boys (4,600m) 1 Small, 1 Large

All Presentations will be made asap after each race.

dependent upon the processing and publishing of the results.

Please listen for announcements.

**Officials For Cross Country County
Championships
Bulwell Hall Nottingham
Saturday 6th January 2024**

President	Steve Tupholme (N)	Barry Parker (Interim D)
Meeting Manager	Steve Roe (N)	Mark Hazlehurst (D)
Referee	Angela Roe	
Assistant Referee	Jane Pidgeon	
Starter	John Hallatt	
Start area co-ordinator	Paul Smith	
Line Judge	Gareth Bagguley	Sue Heffernan
Time Keeper	Jeremy Reichelt Mike Heffernan	Colin Palmer
Time Keeper Recorder	Alan Robinson Lynne Pope	John Knight
Judge/ Recorder	Gwen Hines Fred Pidgeon Rob Fox Andy Watts	Rob Orgill Pat Carlin Kate Else
Results	Sheila O'Keefe (N) David O'Keefe (N)	Trevor Jolly (D) Stella Jolly (D)
Presentation	Steve Tupholme (N)	Barry Parker (D)
Safeguarding	Angela Roe	
Course Setting Team	Mick Robinson	Notts AC

Derbyshire Athletics and Nottinghamshire AAA wish to thank all officials who have voluntarily given their time today, this includes all the course builders (From early this morning) The course marshals and the course dismantlers (Who will be here after most others have left) Apologies to anyone who has not been named but your help is greatly appreciated.

Combined entries

Nottinghamshire

Derbyshire

Race one 11.00am U11 Girls (1500m approx)

1	Esme	Evans	Mansfield Harriers & AC	900	Poppy	Etherington	Ashbourne Primary School
2	Olivia	Fletcher	Mansfield Harriers & AC	901	Hara	Farr-Gonzalez	Ashbourne Primary School
3	Martha	Manson	Mansfield Harriers & AC	902	Ellen	Nicholls	Ashbourne Primary School
4	Katelyn	Marshall	Mansfield Harriers & AC	903	Nola	Colebrook	Buxton AC
5	Lauren	Pate	Mansfield Harriers & AC	904	Georgia	Cudahy	Buxton AC
6	Erin	Pugh	Mansfield Harriers & AC	905	Kyrie	Turner	Chesterfield & District AC
7	Catherine	Rivis	Mansfield Harriers & AC	906	Isabella	Lang	Derby Athletic Club
8	Evelyn	Wheat	Mansfield Harriers & AC	907	Ellie	Pepper	Derby Athletic Club
9	Robin	Overbury	Newark AC	908	Joyce	Lenton	Heanor Running Club
10	Annabelle	Crehan	Notts AC	909	Rosie	Cartwright	Matlock Athletic Club
11	Katherine	Foster	Retford AC				
12	Holly	Hayes	Retford AC				
13	Madeleine	Mattock	Retford AC				
14	Scarlett	Brumfitt	Rushcliffe AC				
15	Aya	St Juste	Worksop Harriers & AC				

Race two 11.15am U11 Boys (1500m Approx)

200	William	Kenney	Mansfield Harriers & AC	950	Freddie	Clarke	Ashbourne Primary School
201	Harry	Richards	Mansfield Harriers & AC	951	Billy	Horne	Ashbourne Primary School
202	Henry	Walker	Mansfield Harriers & AC	952	Ben	Stockwell	Ashbourne Primary School
203	Jack	Whysall	Mansfield Harriers & AC	953	William	Saunders	Derby Athletic Club
204	Rory	Adwick	Newark AC	954	Felix	Cheesman	Derby Triathlon Club
205	Tian	Cioci	Newark AC	955	Alfred	Pritchard	High Peak Athletic Club
206	Edward	Greenhow	Newark AC	956	Laurie	Swain-Fossey	High Peak Athletic Club
207	Ethan	Daykin	Notts AC	957	George	Careless	Matlock Athletic Club
208	Dominic	Murtagh	Notts AC				
209	Freddie	Hetherington	Radcliffe AC				
210	Tyler	Foley	Retford AC				
211	Thomas	Taylor	Retford AC				
212	Max	Clayfield	Rushcliffe AC				
213	Reuben	Ellis	Rushcliffe AC				
214	Thomas	Johnson	Rushcliffe AC				
215	Aaron	McCreery	Rushcliffe AC				
216	Toby	Paget	Rushcliffe AC				
217	Isaac	Beresford	Worksop Harriers & AC				
218	Myles	Hall	Worksop Harriers & AC				
219	Mason	Heath	Worksop Harriers & AC				
220	George	North	Worksop Harriers & AC				
221	Charlie	Parker	Worksop Harriers & AC				
222	Finlay	Gray	Abbey Road School				

Race Three 11.30am U17 Men (6000m Approx)

300	Joshua	Flood	Absolute Triathlon	800	Harry	Beetham Grainger	Charnwood A C
301	James	Norman	Charnwood AC	801	Luke	Bradbury	Derby Athletic Club
302	Reece	Carver	Mansfield Harriers & AC	802	Ewan	Busfield	Derby Athletic Club
303	Edward	Holden	Mansfield Harriers & AC	803	Joseph	Lang	Derby Athletic Club
304	Jacob	Nugent	Mansfield Harriers & AC	804	Dominic	Muskos	Derby Athletic Club
305	Jude	Ryan	Mansfield Harriers & AC	805	George	Patterson	Derby Athletic Club
306	Edward	Sankey	Mansfield Harriers & AC	806	Leo	Powell	Derby Athletic Club
307	William	Sankey	Mansfield Harriers & AC	807	William	Wright	Derby Athletic Club
308	Tom	Dinning	Notts AC	808	Joseph	Young	Derby Athletic Club
309	Frankie	Russell	Notts AC	809	Tom	Blythe	Heanor Running Club
310	Joshua	Smith	Notts AC	810	Thomas	Gilliver	High Peak Athletic Club
311	Leo	Cotton	Retford AC				
312	Joshua	Kettlewell	Retford AC				
313	Sebastian	Thornwell	Rushcliffe AC				
314	Ethan	Ellery	Worksop Harriers & AC				

Race Four 11.55am Senior/Masters Women (7500m Approx)

Senior Women				Senior Women			
100	Caitlin	Bradbury	Beeston AC	700	Rosie	M Freeman	Belper Harriers
101	Jenny	Walker	Beeston AC	701	Natalie	Egginton	Charnwood A C
102	Beatrice	Munro	Holme Pierrepont RC	702	Lauren	Heyes	Hallamshire Harriers Sheffield
103	Emily	Alcock	Mansfield Harriers & AC	703	Jessica	Denman	Ilkeston Running Club
104	Libby	Coleman	Mansfield Harriers & AC	704	Hannah	Barnett	North Derbyshire RC
105	Hannah	Jones	Mansfield Harriers & AC	705	Emily	Baynes	North Derbyshire RC
106	Alice	Mortiboy	Mansfield Harriers & AC	706	Hannah	Lilley	Sinfin Running Club
107	Paige	Roadley	Mansfield Harriers & AC				
108	Kimberley	Etherington- Bates	Notfast RC				
109	Emma	Williams	Notts AC				
110	Helen	Johnson Kolb	Redhill Road Runners				
111	Catriona	Sibert	Redhill Road Runners				
112	Alex	Gandee	Rushcliffe AC				
113	Sarah	Maston	Rushcliffe AC				
114	Simone	Young-Alls	Steel City Striders RC Sheffield				
115	Sarah	Worley	Worksop Harriers & AC				
Master 35-44 Women				Master 35-44 Women			
120	Lucy	Grant	Beeston AC	707	Sarah	Watts	Derby Triathlon Club
121	Cherry	Krol	Beeston AC	708	Elizabeth	Lakin	Long Eaton Running Club
122	Salome	Maybanks	Beeston AC	709	Rebecca	Curtis-Hall	Matlock Athletic Club
123	Juliet	Potter	Charnwood AC	710	Lottie	Riddle	Matlock Athletic Club
124	Jane	Potter	Charnwood AC	711	Lucy	Taylor	Matlock Athletic Club
125	Catherine	Reilly	Formula One Circuit Crew	712	Dawn	Bradley	North Derbyshire RC
126	Victoria	Thurston	Formula One Circuit Crew	713	Mandy	Curtis	North Derbyshire RC
127	Aimee	Palace	Holme Pierrepont RC	714	Emma	Hicken	North Derbyshire RC
128	Tara	Ricketts	Holme Pierrepont RC	715	Caroline	Brock	Steel City Striders RC
129	Sarah	Taylor	Ilkeston RC				
130	Samantha	Garside	Kimberley & Dist Striders				
131	Eve	Taylor	Kimberley & Dist Striders				
132	Helen	Woods	Kimberley & Dist Striders				
133	Cristina	Dinescu	Mansfield Harriers & AC				
134	Kirsty	Huntington	Mansfield Harriers & AC				
135	Helen	Pritchett	Mansfield Harriers & AC				
136	Catherine	Charlton	Notts AC				
137	Joanne	Clamp	Notts AC				
138	Rachel	Drury	Redhill Road Runners				
139	Louise	Lindo	Redhill Road Runners				
140	Jessica	Necchi	Redhill Road Runners				
141	Charlotte	Sykes	Redhill Road Runners				
142	Sophie	Wilson	Redhill Road Runners				
143	Nicola	Blatherwick	Vegan Runners				
144	Mila	Stanek	Unattached				
Master 45-54 Women				Master 45-54 Women			
150	Lisa	Jones	Beeston AC	716	Esther	Broughton	Belper Harriers
151	Marie-Christine	Pardon	Beeston AC	717	Joanne	Wharton-Howett	Belper Harriers
152	Janet	Atkinson	Holme Pierrepont RC	718	Joanne	Cudahy	Buxton AC
153	Gina	Granger	Holme Pierrepont RC	719	Rachel	Dowle	Buxton AC
154	Nicola	Jones	Holme Pierrepont RC	720	Ruth	Gowers	Buxton AC
155	Sharon	Armitage	Mansfield Harriers & AC	721	Sarah	Millican	Derby Triathlon Club
156	Beverley	Armstrong	Mansfield Harriers & AC	722	Jayne	Lynas	Heanor Running Club
157	Natasha	Carver	Mansfield Harriers & AC	723	Hayley	Gill	Matlock Athletic Club
158	Claire	Croll	Mansfield Harriers & AC	724	Sarah	Witham	Matlock Athletic Club
159	Carolyn	Hay	Mansfield Harriers & AC	725	Sarah	McNicol	North Derbyshire RC
160	Gillian	Newbould	Newark AC	726	Louise	Palmer	North Derbyshire RC
161	Sarah	Costin	Notts AC	727	Helen	Slack	North Derbyshire RC
162	Lisa	Deacon	Notts AC	728	Alison	Butlin	Ripley Running Club
163	Sarah	Simpson	Redhill Road Runners	729	Pascale	Holden	Shelton Striders
164	Charlotte	Buck	Redhill Road Runners	730	Caroline	Scott	Sinfin Running Club
165	Michelle	Butler	Redhill Road Runners				
166	Vivienne	Craven	Redhill Road Runners				
167	Joanne	Stocks	Redhill Road Runners				
168	Rebecca	Williamson	Retford AC				
169	Laura	Gapski	Ripley RC				
170	Sarah	Hill	Ripley RC				

171	Pauline	Gandee	Rushcliffe AC				
172	Katherine	Malone-Brumfitt	Rushcliffe AC				
173	Lisa	Staley	Sutton-in-Ashfield Harriers & AC				
Master 55-64 Women				Master 55-64 Women			
175	Elaine	Clifford	Beeston AC	731	Jo	Bednall	Buxton AC
176	Sue	Chicken	Holme Pierrepont RC	732	Heather	Fryer-Winder	Buxton AC
177	Bev	Barnes	Kimberley & Dist Striders	733	Tracy	Gregory	Buxton AC
178	Amanda	Hardy	Mansfield Harriers & AC	734	Nicky	Dick	Matlock Athletic Club
179	Joanne	Bramley-maye	Rushcliffe AC	735	Alison	Booth	Rolls Royce Harriers
180	Cheralynne	Todd McIntyre	Rushcliffe AC	736	Jane	Wade	Sinfin Running Club
Master 65-74 Women				Master 65-74 Women			
190	Christine	Bexton	Beeston AC	737	Jan	Forrester	Belper Harriers
191	Caroline	Wickham	Erewash Valley RC	738	Sheila	Bradley	Buxton AC
192	Maddy	Collinge	Mansfield Harriers & AC	739	Elizabeth	Evans	Chesterfield & District AC
193	Thomasina	Copcutt	Mansfield Harriers & AC				
194	Carol	Fickling	Mansfield Harriers & AC				
195	Barbara	Stevens	Mansfield Harriers & AC				
196	Rosemary	Horn	Redhill Road Runners				
197	Pamela	Dutton	Southwell RC				

Race Five 12.05pm U13 Boys (3000m Approx)

230	William	Norman	Charnwood AC	958	Oliver	Graham	Ashbourne Primary School
231	Frederick	Harrison	Derby AC	959	Ollie	Thornley	Ashbourne Primary School
232	Osniel	Segal	Derby AC	960	Casey	Waring	Ashbourne Primary School
233	Robert	Alcock	Mansfield Harriers & AC	961	Lincoln	Shaw	Burton AC
234	Edward	Gregory	Mansfield Harriers & AC	962	Daniel	Margiotta	Derby Athletic Club
235	Edward	Macintyre	Mansfield Harriers & AC	963	Toby	Newboulton	Derby Athletic Club
236	Oliwier	Macutkiewicz	Mansfield Harriers & AC	964	Charlie	Pearch	Derby Athletic Club
237	William	McClemens	Mansfield Harriers & AC	965	Jude	Cheesman	Derby Triathlon Club
238	Mihnea	Radu	Mansfield Harriers & AC	966	Thomas	Johnston	Heanor Running Club
239	Max	Richards	Mansfield Harriers & AC	967	Benjamin	Lynch	Heanor Running Club
240	Ralph	Beardmore	Newark AC	968	Frank	Cartwright	Matlock Athletic Club
241	Reuben	Shivas	Newark AC				
242	Joshua	Groves	Notts AC				
243	Harry	Sayers	Notts AC				
244	Harry	Sinski	Notts AC				
245	Harry	Tonks	Notts AC				
246	Logan	Hickman	Retford AC				
247	Dylan	Gray	Rushcliffe AC				
248	Henry	Oldridge	Rushcliffe AC				
249	Adam	Paget	Rushcliffe AC				
250	Leo	Sweeney	Rushcliffe AC				
251	Zach	Ward	Rushcliffe AC				
252	Theo	Bezori-Oldfield	Worksop Harriers & AC				
253	Mason	Heath	Worksop Harriers & AC				
254	Rufus	Lee	Worksop Harriers & AC				
255	Henry	Marks	Worksop Harriers & AC				
256	Cian	Fenton	Unattached				

Race Six 12.35pm U20/ Senior/ Master Men (9900m Approx)

Under 20 Men				Under 20 Men			
320	Will	Pearson Inman	Charnwood AC	688	Caleb	Winfield	Buxton AC
321	Lucian	Munro	Holme Pierrepont RC	689	Finlay	Grant	Chesterfield & District AC
322	Barnaby	Read	Ilkeston RC	690	Ashley	Bellamy	Derby Athletic Club
323	Jake	Greenhalgh	Mansfield Harriers & AC	691	Benjamin	Draper	Derby Athletic Club
324	Luke	Hesketh	Notts AC	692	Charlie	Haste	Derby Athletic Club
325	Benjamin E.	Taylor	Notts AC	693	Ryan	Millican	Derby Triathlon Club
326	Alasdair	Grierson	Retford AC	694	Sam	Gilson	Rotherham Harriers and AC
327	Adam	Boydell	Rushcliffe AC	695	Joshua	Wragg	Rotherham Harriers and AC
328	Archie	Bradbury	Rushcliffe AC				
329	Ben	Squire	Rushcliffe AC				
330	Oscar	Wyszynski	Rushcliffe AC				
Senior Men				Senior Men			
340	Joseph	Smith	Charnwood AC	600	Lucas	Parker	Bramhall Runners
341	Dominic	Devlin	Kimberley & Dist Striders	601	David	Fryer-Winder	Buxton AC
342	Sam	Shuttleworth	Lincoln Wellington AC	602	Leo	Parker	Buxton AC
343	James	Fisher	Long Eaton RC	603	Samuel	Soles	Buxton AC
344	Jordan	Boam	Mansfield Harriers & AC	604	Tom	Spencer	Chesterfield & District AC
345	Lewis	Boswell	Mansfield Harriers & AC	605	Ewan	Spencer	Chesterfield & District AC

346	Ben	Burnham	Mansfield Harriers & AC	606	David	Bishop	Derby Athletic Club
347	Bradlee	Caress	Mansfield Harriers & AC	607	Jonathan	Owen	Derby Athletic Club
348	Michael	Fox	Mansfield Harriers & AC	608	Ryan	Varro	Derby Triathlon Club
349	Drew	Hurst	Mansfield Harriers & AC	609	Michael	Kenyon	Dronfield RC
350	Louis	James	Mansfield Harriers & AC	610	James	Wyatt	Heanor Running Club
351	James	Mee	Mansfield Harriers & AC	611	William	Tighe	Leeds City Athletic Club
352	Richie	Talbot	Mansfield Harriers & AC	612	Mark	Boot	Long Eaton Running Club
353	Harley	Beech-McPhilbin	Notts AC	613	Nicholas	Dennis	Long Eaton Running Club
354	Milan	Campion	Notts AC	614	Daniel	Haworth	Matlock Athletic Club
355	Patric	Clark	Notts AC	615	David	Robertson	Matlock Athletic Club
356	Sam	Godwin	Notts AC	616	Thomas	Topham	North Derbyshire RC
357	Rezene	Hayle	Notts AC	617	Bryce	Ward	North Derbyshire RC
358	Freddie	Hessian	Notts AC	618	Jamie	Meynell	Sinfin Running Club
359	George	Phillips	Notts AC	619	Conor	O'Hara	Sinfin Running Club
360	George	Tipping	Notts AC	620	Joe	Ashdown	Unattached
361	Merhawi	Tkue	Notts AC				
362	Craig	Wescott	Notts AC				
363	Matthew	Williams	Notts AC				
364	Brandon	Gell	Redhill Road Runners				
365	Edward	Johnson Kolb	Redhill Road Runners				
366	Martin	Lee	Redhill Road Runners				
367	Samuel	Roberts	Retford AC				
368	William	Sullivan	Southampton University Athletics & Cross Country Team				
369	Adam	Knights	Sutton-in-Ashfield Harriers & AC				
370	Dominic	Fielding	Worksop Harriers & AC				
371	Thomas	Shaw	Worksop Harriers & AC				
372	Adam	Turner	Worksop Harriers & AC				
	Master 35-44 Men				Master 35-44 Men		
400	Callum	D'Souza	Buxton AC	621	David	Brassington	Belper 10:20 Tri Club
401	Richard	Baldwin	Holme Pierrepont RC	622	Martin	Kerr	Derby Athletic Club
402	Neil	Cooper	Holme Pierrepont RC	623	Richard	Wroughton	Derby Triathlon Club
403	Steven	Eatherington	Holme Pierrepont RC	624	Stephen	Ashmore	Heanor Running Club
404	Alex	Ferrari	Holme Pierrepont RC	625	Ryan	Ball	Ilkeston Running Club
405	Richard	Kelsey	Holme Pierrepont RC	626	Ryan	Haw	Long Eaton Running Club
406	James	Kirkwood	Holme Pierrepont RC	627	Luke	Beresford	Matlock Athletic Club
407	Joe	O'Donnell	Holme Pierrepont RC	628	Colin	Davenport	Matlock Athletic Club
408	John	Odell	Holme Pierrepont RC	629	Matt	Jackson	Matlock Athletic Club
409	Andrew	Soley	Holme Pierrepont RC	630	Jose Rodolfo	Rivas Gutierrez	Matlock Athletic Club
410	Andrew	Walters	Holme Pierrepont RC	631	John	Thorpe	Matlock Athletic Club
411	Oliver	Braybrook	Kimberley & Dist Striders	632	Derry	French	North Derbyshire RC
412	Stuart	Laurie	Kimberley & Dist Striders	633	Nick	Holland	North Derbyshire RC
413	Micheal	Perry	Kimberley & Dist Striders	634	Chris	Hunt	North Derbyshire RC
414	Ryan	Stocks	Kimberley & Dist Striders	635	Daniel	Teasel	North Derbyshire RC
415	David	Taylor	Kimberley & Dist Striders	636	Jay	Bird	Ripley Running Club
416	Michael	Bland	Long Eaton RC	637	Sam	Pearch	Shelton Striders
417	Lloyd	Owen	Long Eaton RC	638	Matthew	Shillcock	Sinfin Running Club
418	Fraser	Bain	Mansfield Harriers & AC	639	Ryan	Blake	Team Derby Runner
419	Matthew	Bottomore	Mansfield Harriers & AC	640	Bruce	McIntyre	Unattached
420	Kristian	Watson	Mansfield Harriers & AC				
421	Daniel	Wheat	Mansfield Harriers & AC				
422	Stuart	Whysall	Mansfield Harriers & AC				
423	Timothy	Bagguley	Newark AC				
424	Geoffrey	Gregory	Newark AC				
425	Leigh James	Marshall	Newark AC				
426	Thomas	Marshall	Newark AC				
427	David	Robinson	Newark AC				
428	Daniel	Williams	Newark AC				
429	Stuart	King	Notts AC				
430	John	Muddeman	Notts AC				
431	Bruce	Raeside	Notts AC				
432	Alistair	Campbell	Redhill Road Runners				
433	Mark	Garratt	Redhill Road Runners				
434	Simon	Holmes	Redhill Road Runners				
435	Leigh	Stubbs	Redhill Road Runners				
436	Ben	Wilson	Redhill Road Runners				
437	Andrew	Morrow	Rushcliffe AC				
438	Bryan	Cherry	Worksop Harriers & AC				
439	Matthew	Daly	Worksop Harriers & AC				

440	Nick Master 45-54 Men	Moore	Worksop Harriers & AC				
					Master 45-54 Men		
450	Mark	Elwell	Beeston AC	641	Andy	Paisley	Belper Harriers
451	Tim	Hills	Beeston AC	642	Duncan	Campbell	Buxton AC
452	Steve	Lever	Beeston AC	643	Robert	White	Buxton AC
453	Charlie	Pearce	Beeston AC	644	Chris	Jordan	Derby Athletic Club
454	Colin	Smith McGloin	Beeston AC	645	J J	Jones	Derby Triathlon Club
455	Colin	Smith McGloin	Beeston AC	646	Chris	Nicoll	Derby Triathlon Club
456	Matthew	Grainge	Holme Pierrepont RC	647	Ashley	Deeming	Heanor Running Club
457	Richard	Holt	Holme Pierrepont RC	648	Slawomir	Szuba	Ilkeston Running Club
458	David	Laws	Holme Pierrepont RC	649	Mark	Lay	Long Eaton Running Club
459	Robert	Smith	Holme Pierrepont RC	650	Kevin	Roughton	Long Eaton Running Club
460	Steve	Tupholme	Holme Pierrepont RC	651	Rob	Curtis	Matlock Athletic Club
461	Ian	Hunter	Ilkeston RC	652	Chris	Shelton	Matlock Athletic Club
462	James	Read	Ilkeston RC	653	Darren	Spibey	Matlock Athletic Club
463	Daniel	Bailey	Kimberley & Dist Striders	654	Nick	Baker	North Derbyshire RC
464	Jason	Buckley	Kimberley & Dist Striders	655	Wayne	Church	North Derbyshire RC
465	Paul	Lewis	Long Eaton RC	656	Martin	Dawson	North Derbyshire RC
466	Jan	Bailey	Mansfield Harriers & AC	657	Steven	Gascoyne	North Derbyshire RC
467	David	Carver	Mansfield Harriers & AC	658	John	Sanderson	North Derbyshire RC
468	David	Cass	Mansfield Harriers & AC	659	Andy	Tarry	North Derbyshire RC
469	Wayne Michael	Lowe	Mansfield Harriers & AC	660	Patrick	Munro	Shelton Striders
470	Jamie	Macintyre	Mansfield Harriers & AC	661	Richard	Tissington	Shelton Striders
471	Ben	McClemens	Mansfield Harriers & AC	662	Jason	Ball	Sinfin Running Club
472	Dan	Nugent	Mansfield Harriers & AC	663	Simon	Bray	Sinfin Running Club
473	Dave	Savage	Mansfield Harriers & AC	664	Brendan	Devlin	Sinfin Running Club
474	Jason	Taylor	Mansfield Harriers & AC	665	Gordon A	Smith	Tamworth AC
475	Andy	Walker	Mansfield Harriers & AC	666	Mark	Ison	Team Derby Runner
476	Lee	Braithwaite	Newark AC	667	Mark	Shankland	Team Derby Runner
477	Adrian	Dix	Newark AC				
478	Tom	Newbould	Newark AC				
479	Alasdair	Barrowman	Newark Striders Running Club				
480	Steve	Long	Notts AC				
481	Allan	Wilson	Notts AC				
482	Robert	Baylies	Redhill Road Runners				
483	Stuart	Bell	Redhill Road Runners				
484	Paul	Davies	Redhill Road Runners				
485	Ian	Hales	Redhill Road Runners				
486	Mark	Hornsey	Redhill Road Runners				
487	Tony	Lowe	Redhill Road Runners				
488	Tim	Metcalfe	Redhill Road Runners				
489	Wayne	Stott	Redhill Road Runners				
490	Simon	Foster	Retford AC				
491	Dave Master 55-64 Men	Gandee	Rushcliffe AC				
					Master 55-64 Men		
500	Andrew	Taplin	Beeston AC	668	Geoff	Lowry	Amber Valley & Erewash AC
501	John	Walker	Beeston AC	669	John	Duckworth	Belper Harriers
502	Peter	Edwards	Heanor RC	670	David	Soles	Buxton AC
503	Peter	Gillespie	Holme Pierrepont RC	671	Andrew	Stokes	Buxton AC
504	Glen	Weston	Kimberley & Dist Striders	672	Andrew	Dickenson	Long Eaton RC
505	Jonathan	Hobbs	Lincoln & District Runners	673	Owen	Barron	Derby Triathlon Club
506	Peter	Edmonds	Long Eaton RC	674	Dean	Cross	Heanor Running Club
507	Alan	Maplethorpe	Long Eaton RC	675	Neil	Cort	Ilkeston Running Club
508	Richard	Wilkinson	Long Eaton RC	676	Steve	Lomas	Macclesfield Harriers & AC
509	Geoff	Bottomore	Mansfield Harriers & AC	677	Tim	Clayton	Matlock Athletic Club
510	Paul	Castledine	Mansfield Harriers & AC	678	Marc	Redford	Matlock Athletic Club
511	Paul	Whittingham	Mansfield Harriers & AC	679	Steven	Monaghan	North Derbyshire RC
512	Geoff	Cooper	Matlock AC	680	Greg	Rimmer	Sheffield RC
513	Richard	Peach	Newark AC	681	Tim	Bentley	Shelton Striders
514	Stuart	Mason	Notts AC	682	Duncan	Cowie	Sinfin Running Club
515	Andrew	Bee	Redhill Road Runners				
516	Phil	James	Redhill Road Runners				
517	Peter	McNally	Redhill Road Runners				
518	Chris	Mellor-Dolman	Redhill Road Runners				
519	Simon	Nash	Redhill Road Runners				
520	Jonathan	Maston	Rushcliffe AC				
521	Danny	McIntyre	Rushcliffe AC				
522	Graham	Moffatt	Rushcliffe AC				

Master 65-74
Men

530	Michael	Read	Beeston AC
531	Steve	Wickham	Erewash Valley RC
532	Martin	Walters	Holme Pierrepont RC Lonely Goat Running Club
533	Andrew	Matthews	Mansfield Harriers & AC
534	Andrew	Wetherill	Notts AC
535	David	Oxland	Notts AC
536	Andrew	Williams	Redhill Road Runners
537	Raymond	Poynter	Redhill Road Runners
538	Mark	Salter	Redhill Road Runners

Master 65-74 Men

683	Ian	Kiltie	Derby Athletic Club
684	Bob	Foreman	Matlock Athletic Club
685	Mick	Moorhouse	Matlock Athletic Club
686	Les	Thurston	Matlock Athletic Club
687	Christopher	Morrison	Sinfin Running Club

Master 75+ Men

539	John	Proffitt	Clowne Road Runners
540	Michael	Horn	Redhill Road Runners

Race Seven 12.45pm U13 Girls (3000m Approx)

20	Evie	Clifton	Mansfield Harriers & AC	910	Skylar	Murray	Ashbourne Primary School
21	Isla	Jones	Mansfield Harriers & AC	911	Hannah	Cudahy	Buxton AC
22	Maisie	Low	Mansfield Harriers & AC	912	Evie	Willis	Buxton AC
23	Isla	Millns	Mansfield Harriers & AC	913	Marianna	Owen	Chesterfield & District AC
24	Myanie	Westwood	Mansfield Harriers & AC	914	Heidi	Birtwistle	Derby Athletic Club
25	Charley	Whysall	Mansfield Harriers & AC	915	Olivia	Lee	Derby Athletic Club
26	Olivia	Wright	Mansfield Harriers & AC	916	Alice	Lincoln	Derby Athletic Club
27	Philippa	Aitchison- bowser	Newark AC	917	Sophia	Trafford	Derby Athletic Club
28	Lucy	Beardsmore	Newark AC	918	Amelie	Wheeler	Derby Athletic Club
29	Lucia	Chivers	Newark AC	919	Jessica	Whitehead	Derby Athletic Club
30	Isabelle	Davey	Notts AC	920	Jessica	Dilks	High Peak Athletic Club
31	Marcus	Read	Retford AC				
32	Freya	Stenson	Retford AC				
33	Amber	Forster	Rushcliffe AC				
34	Lyla	Morrow	Rushcliffe AC				
35	Ava	Watson	Rushcliffe AC				
36	Holly	Bulmer	Worksop Harriers & AC				
37	Heidi	Marks	Worksop Harriers & AC				
38	Maisie	Mullett	Wreake & Soar Valley AC				

Race Eight 1.30pm U17/U20 Women (4600m approx)

Under 17
Women

70	Charlotte	Alcock	Mansfield Harriers & AC
71	Isabel	Westwood	Mansfield Harriers & AC
72	Martha	Yanney	Mansfield Harriers & AC
73	Jasmine	Braithwaite	Newark AC
74	Amy	Newbould	Newark AC
75	Rebecca	Butt	Notts AC
76	Megan	Taylor	Notts AC
77	Hannah	Foster	Retford AC
78	Kirsten	Lees	Rushcliffe AC
79	Megan	Sayers	Alderman White School

Under 17 Women

820	Imogen	Barker	Burton AC
821	Amelie	Brown	Burton AC
822	Connie	Lees	Burton AC
823	Rebecca	Cudahy	Buxton AC
824	Constance	Jenneson	Buxton AC
825	Evie	Blant	Chesterfield & District AC
826	Iris	Clarke	Derby Athletic Club
827	Isobel	Shipley	Derby Athletic Club
828	Katie	Leese	Hallamshire Harriers Sheffield
829	Holly	Lynas	Heanor Running Club

Under 20
Women

85	Rosie	Challender	Derby AC
86	Grace	Manson	Mansfield Harriers & AC
87	Amelia	Chrispin	Newark AC
88	Alice	Gibbs	Newark AC
89	Amelia	Briggs-Goode	Notts AC
90	Holly	Hipkiss	Notts AC
91	Emily	Rawson	Notts AC
92	Gaby	Sutton	Notts AC
93	Francesca	Sedgwick	Retford AC
94	Elizabeth	Thornton	Retford AC
95	Frankie	Berry	Rushcliffe AC
96	Eva	Duffy-Smith	Rushcliffe AC
97	Jessica	Smith	Wreake & Soar Valley AC

Under 20 Women

840	Rachel	Duckworth	Belper Harriers
841	Maisie	Trueman	Burton AC
842	Sarah	Bourne	Derby Athletic Club
843	Lillie	Jeffries-Williams	Derby Athletic Club
844	Sophie	Toyn	Mansfield Harriers

Race Nine 2.00pm U15 Girls (4200m Approx)

45	Amelia	Arbon	Mansfield Harriers & AC	921	Gracie	Reed	Amber Valley and Erewash AC
46	Florence	Kenney	Mansfield Harriers & AC	922	Charlotte	Nettleton	Burton AC
47	Lily	Mason	Mansfield Harriers & AC	923	Amelia	Nettleton	Burton AC
48	Emily	Pares	Mansfield Harriers & AC	924	Erin	Colebrook	Buxton AC
49	Olivia	Shaw	Mansfield Harriers & AC	925	Rachel	Cudahy	Buxton AC
50	Maisy	Slack	Mansfield Harriers & AC	926	India-rose	Dowey	Derby Athletic Club
51	Martha	Walker	Mansfield Harriers & AC	927	Isabella	Margiotta	Derby Athletic Club
52	Lucia	Caseldine	Notts AC	928	Isla	Powell	Derby Athletic Club
53	Millie	Huntley	Notts AC	929	Poppy	Radbourne	Derby Athletic Club
54	Florence	Marette	Notts AC	930	Sophia	Wheeler	Derby Athletic Club
55	Holly	Limmer	Retford AC	931	Emily	Whitehead	Derby Athletic Club
56	Martha	Hazlehurst	Rotherham Harriers & AC	932	Lucy	Lynas	Heanor Running Club
57	Sofia	Chesterfield	Rushcliffe AC	933	Leila	Shaw	Mansfield Harriers
58	Alice	Grieve	Rushcliffe AC				
59	Maisie	Merryweather	Rushcliffe AC				
60	Daisy	Oldridge	Rushcliffe AC				
61	Miley	Townrow	Worksop Harriers & AC				
62	Nyah	Stretton	Wreake & Soar Valley AC				

Race Ten 2.20pm U15 Boys (4600m Approx)

260	Samuel	Edwards	Heanor RC	969	Lewis	Boyce	Burton AC
261	Daniel	Adams	Mansfield Harriers & AC	970	Ewan	Withnall	Burton AC
262	Oliver	Buglass	Mansfield Harriers & AC	971	William	Aspinall	Buxton AC
263	Eddie	Lowe	Mansfield Harriers & AC	972	Joel	Tidmarsh	Buxton AC
264	Oliver	McClemens	Mansfield Harriers & AC	973	Oscar	Blake	Derby Athletic Club
265	Jack	Pares	Mansfield Harriers & AC	974	Joseph	Brown	Derby Athletic Club
266	Finlay	Strawther	Mansfield Harriers & AC	975	William	Croft	Derby Athletic Club
267	Charlie	Taylor	Mansfield Harriers & AC	976	Logan	Fairey	Derby Athletic Club
268	Lewis	Biggin	Newark AC	977	Harry	Tatham	Derby Athletic Club
269	Ethan	Cooper	Newark AC	978	Samuel	Watson	Derby Athletic Club
270	Joshua	Martin	Newark AC	979	Matty	Miller	High Peak Athletic Club
271	Dominic	Taylor	Newark AC	980	Jacob	Jones	Matlock Athletic Club
272	William	Reddish	Notts AC	981	Leo	Cotterill	Sutton in Ashfield Harriers & AC
273	Adam	Scrimshaw	Notts AC				
274	Luke	Berry	Retford AC				
275	william	Evans	Retford AC				
276	Samuel	Limmer	Retford AC				
277	Tarun	Balamurugan	Rushcliffe AC				
278	Lewis	Carr	Rushcliffe AC				
279	Joshua	Lane	Rushcliffe AC				
280	Will	Sweeney	Rushcliffe AC				
281	Conrad	Thornewill	Rushcliffe AC				
282	Zac	Ellery	Worksop Harriers & AC				
283	Freddie	Marks	Worksop Harriers & AC				
284	Travis	Revell	Worksop Harriers & AC				
285	Daniel	Towndrow	Worksop Harriers & AC				
286	Samuel	Collins	Wreake & Soar Valley AC				